


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|--|--|---|
| <p>Storage Open Tuesdays If assistance required, place a Work Order with Receptionist</p> <p>Notary Sr. Margaret McCleary call ext 2558 available upon request</p> | <p>Cloister Gatherings Thursdays -4:00pm Bring Your Own Beverage; Maintain Social Distancing Guidelines</p> <hr/> <p>ZOOM Exercise Meeting # 576 677 309 Passcode 119629</p> | <p>NOTE:</p> <p>ALTERATIONS with Cindy next scheduled on September 14th sign up in Activity Rm#1</p> <p>PODIATRY with Dr. Schecter no exact date at this time anticipate late September or early October sign up in Activity Rm#1</p> | <p>HAIR SALON: by Appointment Only</p> <p>Contact the Stylist directly</p> <p>Linda Kennedy: 413-427-1183</p> | <p>KITCHEN/DINING</p> <p><i>Reservations for guests for Weekday Lunch/Dinner requires 48 hr notice;</i></p> <p>No guests permitted for Sunday Dinner</p> <p><i>For those needing to remain in their rooms and have their meal delivered, contact the Kitchen at ext. 2535</i></p> |  | |
| <p>1</p> <p>10:00 Choral Group</p> <p>10:30 Qigong-Movie Room</p> <p>2:00 Mexican Train</p> <p>6:00 "The Crown" in the Movie Room</p> <p>7:00 Cards</p> | <p>2</p> <p>10:00 Banks/Holyoke</p> <p>10:00 ZOOM Exercise</p> <p>1:00 Opera Without Tears with Fr. Riendeau</p> <p>1:00 Williamsburg Ctry Store</p> <p>2:00 BINGO</p> <p>6:30 L-R-Center</p> <p>7:00 "Tapping" -Movie Rm</p> <p>7:00 Cards</p> | <p>3 7:30 Lab Work</p> <p>Art is 4 Every 1 10AM/1PM</p> <p>10:00 Walking Group 10:00 Public Library of West Springfield</p> <p>1:00 Barstows, Hadley</p> <p>1:30 Needle Craft Club</p> <p>1:30 <i>Art Through the Ages</i></p> <p>7:00 Transitions w/ Martha 7:00 Cards</p> | <p>4</p> <p>10:00 Stop & Shop/Holyoke</p> <p>10:00 ZOOM Exercise</p> <p>1:00 CVS/Barnes&Noble</p> <p>1:30 History w/ Gene Adamz</p> <p>6:00 Rummikub</p> <p>7:00 Movie</p> <p>7:00 Cards</p> | <p>5 CS: Eggs to order 9:00 Qigong-Movie Room NO ZOOM Vega Yoga 10:00 Walking Group 10:00 Target/Mall</p> <p>1:00 BP Clinic 1:00 Big Y Chicopee 1:30 History w/ Gene Adamz</p> <p>2:30 Aqua Exercise with Mary Kate</p> <p>6:30 L-R-Center 7:00 Cards</p> | <p>6</p> <p>10:00 Stop & Shop/Riverdale</p> <p>1:30 Randall's Farm</p> <p>7:00 Cards</p> | <p>7</p> <p>10:00 Liturgical Discussion Group</p> <p>11:00 Writing Circle</p> <p>2:00 Downton Abbey-Movie Room</p> <p>7:00 Movie 7:00 Cards</p> |
| <p>8</p> <p>10:00 Choral Group</p> <p>10:30 Qigong-Movie Room</p> <p>2:00 Mexican Train</p> <p>6:00 "The Crown" in the Movie Room</p> <p>7:00 Cards</p> | <p>9</p> <p>10:00 Banks/WSpfld</p> <p>10:00 ZOOM Exercise</p> <p>1:00 Opera Without Tears with Fr. Riendeau</p> <p>1:00 CVS/Barnes&Noble</p> <p>2:00 BINGO</p> <p>6:30 L-R-Center</p> <p>7:00 "Tapping" -Movie Rm</p> <p>7:00 Cards</p> | <p>10 7:30 Lab Work</p> <p>Art is 4 Every 1 10AM/1PM</p> <p>10:00 Walking Group 10:00 Chicopee Marketplace</p> <p>1:00 McCray's Farm</p> <p>1:30 Needle Craft Club</p> <p>1:30 <i>Art Through the Ages</i></p> <p>7:00 Transitions w/ Martha 7:00 Cards</p> | <p>11</p> <p>10:00 Stop & Shop/Holyoke</p> <p>10:00 ZOOM Exercise</p> <p>1:00 Great Falls Discovery Center, Turners Falls</p> <p>1:30 History w/ Gene Adamz</p> <p>1:30 Reflections w/ Sr. Madeleine</p> <p>6:00 Rummikub</p> <p>7:00 Movie</p> <p>7:00 Cards</p> | <p>12 CS:Breakfast Sandwich</p> <p>9:00 Qigong-Movie Room 10:00 ZOOM Vega Yoga 10:00 Walking Group 10:00 Target/Mall</p> <p>1:00 Big Y Chicopee 1:30 History w/ Gene Adamz</p> <p>2:30 Aqua Exercise with Mary Kate</p> <p>6:30 L-R-Center 7:00 Cards</p> | <p>13</p> <p>10:00 Trader Joe's/Whole Foods/ LL Bean</p> <p><i>FootCare by Nurses by Appt.</i></p> <p>1:00 Stop & Shop/Riverdale</p> <p>2:00 Resident Meeting in Joseph's Cloister</p> <p>7:00 Cards</p> | <p>14</p> <p>10:00 Liturgical Discussion Group</p> <p>11:00 Writing Circle</p> <p>2:00 Downton Abbey-Movie Room</p> <p>7:00 Movie 7:00 Cards</p> |

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|--|--|--|--|---|---|--|---|---|--|
| 15 10:00 Choral Group in the Piano Lounge 10:30 Qigong-Movie Room 2:00 Mexican Train 6:00 "The Crown" in the Movie Room 7:00 Cards | 16 10:00 Banks/Holyoke 10:00 ZOOM Exercise 1:00 Opera Without Tears with Fr. Riendeau 1:00 River Valley Coop Easthampton 2:00 BINGO 6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards | 17 7:30 Lab Work <p style="text-align:center">Art is 4 Every 1 10AM/1PM</p> 10:00 Walking Group 10:00 Public Library of West Springfield 1:00 5J's Creamery, Whately 1:30 Needle Craft Club 1:30 <i>Art Through the Ages</i> 3:00 Happy Hour in Joseph's Cloister 7:00 Cards | 18 10:00 Stop & Shop/Holyoke 10:00 ZOOM Exercise 1:00 Geissler's 1:30 History w/ Gene Adamz 1:30 Reflections w/ Sr. Madeleine <p style="text-align:center">Lucky Draw Dinner</p> 6:00 Rummikub 7:00 Movie 7:00 Cards | 19 CS:Breakfast Sandwich 9:00 Qigong-Movie Room 10:00 ZOOM Vega Yoga 10:00 Walking Group 10:00 Target/Mall 1:00 Mystery Ride 1:30 History w/ Gene Adamz 2:30Aqua Exercise with Mary Kate 6:00 Summer Concert The Santucci Jazz Quintet 6:30 L-R-Center 7:00 Cards | 20 10:00 Stop & Shop/Riverdale 1:30 Randall's Farm 3:00 Adam Bergeron/ Piano in Joseph's Cloister 7:00 Cards | 21 10:00 Liturgical Discussion Group 11:00 Writing Circle 2:00 Downton Abbey-Movie Room 7:00 Movie 7:00 Cards | | | |
| 22 10:00 Choral Group in the Piano Lounge 10:30 Qigong-Movie Room 2:00 Mexican Train 6:00 "The Crown" in the Movie Room 7:00 Cards | 23 10:00 Banks/WSpfld NO Exercise today 1:00 Opera Without Tears with Fr. Riendeau 1:00 CVS/Barnes&Noble 2:00 BINGO 6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards | 24 7:30 Lab Work <p style="text-align:center">Art is 4 Every 1 10AM/1PM</p> 10:00 Walking Group 10:00 Big Y Chicopee 1:00 Finis Farm, Holyoke 1:30 Needle Craft Club 1:30 <i>Art Through the Ages</i> 7:00 Cards | 25 10:00 Atkins Farms NO Exercise today 1:00 Stop & Shop/Holyoke 1:30 History w/ Gene Adamz 1:30 Reflections w/ Sr. Madeleine 6:00 Rummikub 7:00 Movie 7:00 Cards | 26 CS:Breakfast Sandwich 9:00 Qigong-Movie Room 10:00 ZOOM Vega Yoga 10:00 Walking Group 11:30 Lunch Out: Red Rose, Spfld 1:30 History w/ Gene Adamz NO Exercise today 6:00 Summer Concert The Dave Colucci Show 6:30 L-R-Center 7:00 Cards | 27 10:00 Chicopee Marketplace 10:00 Stop & Shop/Riverdale 3:00 Birthday Party in Joseph's Cloister 7:00 Cards | 28 10:00 Liturgical Discussion Group 11:00 Writing Circle 2:00 Downton Abbey-Movie Room 7:00 Movie 7:00 Cards | | | |
| 29 10:00 Choral Group in the Piano Lounge 10:30 Qigong-Movie Room 2:00 Mexican Train 6:00 "The Crown" in the Movie Room 7:00 Cards | 30 10:00 Banks/Holyoke 10:00 ZOOM Exercise 1:00 CVS/Barnes&Noble 1:00 Opera Without Tears with Fr. Riendeau 2:00 BINGO 6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards | 31 7:30 Lab Work <p style="text-align:center">Art is 4 Every 1 10AM/1PM</p> 10:00 Walking Group 10:00 S.Hadley Pub.Library 1:00 Mt. Tom Creamery 1:30 Needle Craft Club 1:30 <i>Art Through the Ages</i> 7:00 Cards | Meeting Locations | | | JOSEPH'S CLOISTER located on the first floor; enter via door in located in Piano Lounge to the East MARY'S CLOISTER located on the first floor, enter via door located in Piano Lounge, to the West | WELLNESS CENTER located on the first floor just inside the West/Resident Entrance (the one with the overhang) COMMUNITY/WELLNESS ROOM located on the 4th floor, across from the East Eleavator and near apt. 428. | PIANO LOUNGE located on the first floor, entrance opposite of main entrance and Reception desk MOVIE ROOM located on the first floor, off Angel Hallway, to the East of the Reception Desk | ACTIVITY ROOM#1 located on first floor, to the West of the Reception Desk across the hall from Richard's Office ACTIVITY/EXERCISE ROOM located on first floor, to the East of the Reception Desk and the SouthEast stairwell |