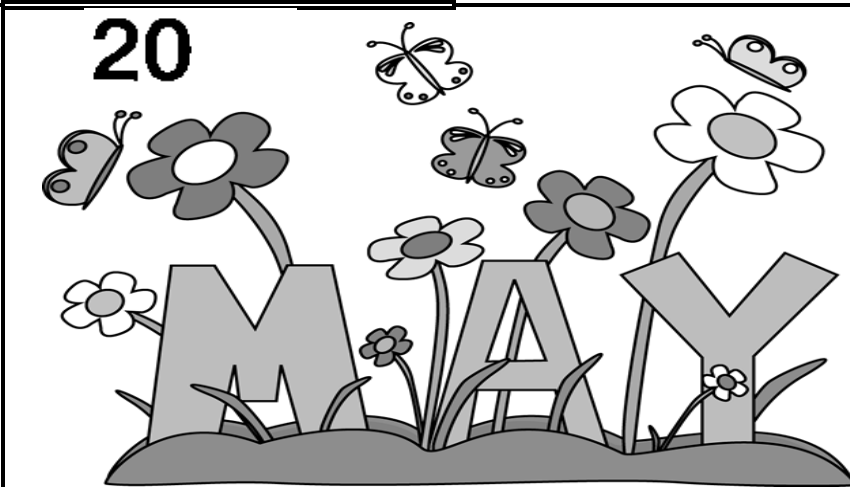





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>HAIR SALON:</b> <b>by Appointment Only</b> <b>Contact the Stylists directly</b> Linda Cicerchia: 413-210-4139  Linda Kennedy: 413-427-1183	<u><b>Storage Open Tuesdays</b></u> If assistance required, place a work order with Receptionist  <b>Notary</b> <u><b>Sr. Margaret McCleary</b></u> call ext 2558 available upon request  <b>Alterations with Cindy</b> Thursday, May 27 by Appointment	<i>For those wishing to            remain in their rooms and            have their meal delivered,  <b>contact the kitchen at</b>  <b>ext. 2535</b></i>  <b>Angel Hallway Gatherings</b> Thursdays -4:00pm Bring Your Own Beverage		<b>ZOOM Exercise</b> Meeting # 576 677 309 Passcode 119629  <b>ZOOM Yoga w/ Lyn</b> Meeting # 873 9264 4178 Passcode 748932  <b>ZOOM Vega Yoga</b> Meeting # 842 2829 3421 Passcode: 993771	<b>1</b> 10:00 Liturgical Discussion Group  11:00 Writing Group  2:00 Downton Abbey-Movie Room  7:00 Movie	
<b>2</b> 10:00 Choral Group in the Piano Lounge  10:30 Qigong-Movie Room  6:00 "The Crown" in the Movie Room 7:00 Cards	<b>3</b> 10:00 Banks/WSpfld  <b>10:00 ZOOM Exercise</b>  <b>1:00 Opera Without Tears</b> with Fr. Riendeau  2:00 BINGO  6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards	<b>4</b> 7:30 Lab Work <b>Art is 4 Every 1</b> <b>9am/ 10:45am/ 1pm</b>  <b>10:00 Walking Group</b> 10:00 Big Y-S. Hadley  <b>11:00 Update Broadcast</b> <b>channel 918</b>  1:00 CVS/Barnes&Noble 1:30 Prayer Shawl Ministry  7:00 "Get It Done" Group 7:00 Cards	<b>5</b> 10:00 Stop & Shop/K-Mart <b>10:00 ZOOM Exercise</b>  <b>1:00 Mystery Ride</b>  1:30 History w/ Gene Adamz  <b>2:30 Yoga w/ Lyn</b> in the Community Room  7:00 Movie 7:00 Cards	<b>6 CS: Hot Breakfast</b> 9:00 Qigong <b>10:00 ZOOM Vega Yoga</b>  <b>10:00 Walking Group</b> 10:00 Target/Mall  1:00 Blood Pressure Clinic <b>1:00 Mystery Ride</b> 1:30 History w/ Gene Adamz  <b>2:30 Exercise w/ MaryKate</b> in the Community Rm  6:30 L-R-Center 7:00 Cards	<b>7</b> <b>10:00 ZOOM Exercise</b>  10:00 Trader Joe/s/ Whole Foods, Hadley  1:00 Stop & Shop/Riverdale  <b>2:00 Resident Chapel</b> <b>Concert: Freddie Marion</b>  7:00 Cards	<b>8</b> 10:00 Liturgical Discussion Group  11:00 Writing Group  2:00 Downton Abbey-Movie Room  7:00 Movie
<b>9</b>  10:00 Choral Group in the Piano Lounge  10:30 Qigong-Movie Room  6:00 "The Crown" in the Movie Room 7:00 Cards	<b>10</b> 10:00 Banks/Holyoke <b>10:00 ZOOM Exercise</b>  2:00 BINGO  1:00 Geisslers' market  6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards <b>7:00 Change &amp; Transition</b> <b>Group in Community Room</b>	<b>11</b> 7:30 Lab Work <b>Art is 4 Every 1</b> <b>9am/ 10:45am/ 1pm</b>  <b>10:00 Walking Group</b> 10:00 Big Y-S. Hadley  <b>11:00 Update Broadcast</b> <b>channel 918</b>  1:00 CVS/Barnes&Noble 1:30 Prayer Shawl Ministry  7:00 "Get It Done" Group 7:00 Cards	<b>12</b> <b>10:00 ZOOM Exercise</b>  1:00 Stop & Shop/K-Mart  1:30 History w/ Gene Adamz  <b>2:30 Yoga w/ Lyn</b> in the Community Room  7:00 Movie 7:00 Cards	<b>13 CS: Eggs to Order</b> 9:00 Qigong-Movie Room <b>10:00 ZOOM Vega Yoga</b>  10:00 Target/Mall <b>10:00 Walking Group</b>  1:30 History w/ Gene Adamz  <b>2:00* Exercise w/ MaryKate</b> in the Community Rm  6:30 L-R-Center 7:00 Cards	<b>14</b> 10:00 Stop & Shop/Riverdale <i>Footcare by Nurses by Appt</i>  <b>10:00 ZOOM Exercise</b>  1:30 Randall's Farms  <b>3:00 Happy Hour in</b> <b>Joseph's Cloister</b>  7:00 Cards	<b>15</b> 10:00 Liturgical Discussion Group  11:00 Writing Group  2:00 Downton Abbey-Movie Room  7:00 Movie

**May 2021**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>16</b> 10:00 Choral Group in the Piano Lounge  10:30 Qigong-Movie Room  <b>FOOD DRIVE</b> <b>May 17 - May 20</b>  6:00 "The Crown" in the Movie Room 7:00 Cards	<b>17</b> 10:00 Banks/WSpfld <b>10:00 ZOOM Exercise</b>  <b>1:00 Opera Without Tears</b> with Fr. Riendeau  2:00 BINGO  6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards	<b>18</b> 7:30 Lab Work  <b>Art is 4 Every 1</b> <b>9am/ 10:45am/ 1pm</b>  <b>10:00 Walking Group</b> 10:00 Big Y-S. Hadley  <b>11:00 Update Broadcast</b> <b>channel 918</b>  1:00 CVS/Barnes&Noble 1:30 Prayer Shawl Ministry  7:00 Cards	<b>19</b> 10:00 Stop & Shop/K-Mart  <b>10:00 ZOOM Exercise</b>  <b>1:00 Mystery Ride</b>  1:30 History w/ Gene Adamz  <b>2:30 Yoga w/ Lyn</b> in the Community Room  7:00 Movie 7:00 Cards	<b>20</b> <i>Coffee Shop Waffles</i>  9:00 Qigong-Movie Room <b>10:00 ZOOM Vega Yoga</b> <b>10:00 Walking Group</b>  1:00 Target/Mall  1:30 History w/ Gene Adamz  <b>2:30 Exercise w/ MaryKate</b> in the Community Rm  6:30 L-R-Center 7:00 Cards	<b>21</b>  <b>10:00 ZOOM Exercise</b>  1:00 Stop & Shop/Riverdale  <b>3:00 Adam Bergeron/</b> <b>Piano in the Chapel</b>  7:00 Cards	<b>22</b>  10:00 Liturgical Discussion Group  11:00 Writing Group  2:00 Downton Abbey-Movie Room  7:00 Movie
<b>23</b> 10:00 Choral Group in the Piano Lounge  10:30 Qigong-Movie Room  6:00 "The Crown" in the Movie Room 7:00 Cards	<b>24</b> <b>10:00 ZOOM Exercise</b> 10:00 Atkins Farms Market  1:00 Banks/Holyoke  2:00 BINGO  6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards	<b>25</b> 7:30 Lab Work  <b>Art is 4 Every 1</b> <b>9am/ 10:45am/ 1pm</b>  <b>10:00 Walking Group</b> 10:00 Big Y-S. Hadley  <b>11:00 Update Broadcast</b> <b>channel 918</b>  1:00 CVS/Barnes&Noble 1:30 Prayer Shawl Ministry  <b>3:00 Birthday Celebration</b> <b>in Joseph's Cloister</b>  7:00 Cards	<b>26</b>  <b>10:00 ZOOM Exercise</b>  1:00 Stop & Shop/K-Mart  1:30 History w/ Gene Adamz  <b>2:30 Yoga w/ Lyn</b> in the Community Room  7:00 Movie 7:00 Cards	<b>27</b> <i>Coffee Shop Omelets</i>  9:00 Qigong <b>10:00 ZOOM Vega Yoga</b> 10:00 Target/Mall <b>10:00 Walking Group</b>  <i>Alterations by Appointment</i>  1:00 Mystery Ride 1:30 History w/ Gene Adamz <b>2:30 Exercise w/ MaryKate</b> in the Community Rm  6:30 L-R-Center 7:00 Cards	<b>28</b> <b>10:00 ZOOM Exercise</b>  10:00 Stop & Shop/Riverdale  1:00 Veteran's Memorial Cemetery -Agawam  7:00 Cards	<b>29</b>  10:00 Liturgical Discussion Group  11:00 Writing Group  2:00 Downton Abbey-Movie Room  7:00 Movie
<b>30</b> 10:00 Choral Group in the Piano Lounge  10:30 Qigong-Movie Room  6:00 "The Crown" in the Movie Room 7:00 Cards	<b>31 MEMORIAL DAY</b>  No Banks/No Transports  <b>11:30 - 1:15 Picnic Buffet</b> <b>No Evening Meal</b>    6:30 L-R-Center 7:00 "Tapping" -Movie Rm 7:00 Cards	  Meeting Locations	<b>JOSEPH'S CLOISTER</b> located on the first floor; enter via door in located in Piano Lounge to the East  <b>MARY'S CLOISTER</b> located on the first floor, enter via door located in Piano Lounge, to the West	<b>WELLNESS CENTER</b> located on the first floor just inside the West/Resident Entrance (the one with the overhang)  <b>COMMUNITY/WELLNESS ROOM</b> located on the 4th floor, across from the East Eleavator and near apt. 428.	<b>PIANO LOUNGE</b> located on the first floor, entrance opposite of main entrance and Reception desk  <b>MOVIE ROOM</b> located on the first floor, off Angel Hallway, to the East of the Reception Desk	<b>ACTIVITY ROOM#1</b> located on first floor, to the West of the Reception Desk across the hall from Richard's Office  <b>ACTIVITY/EXERCISE ROOM</b> located on first floor, to the East of the Reception Desk and the SouthEast stairwell