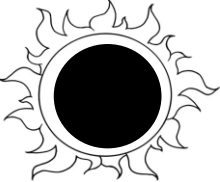
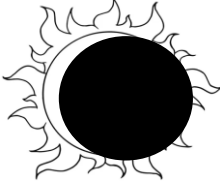

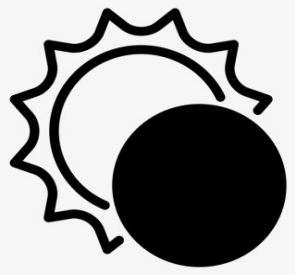
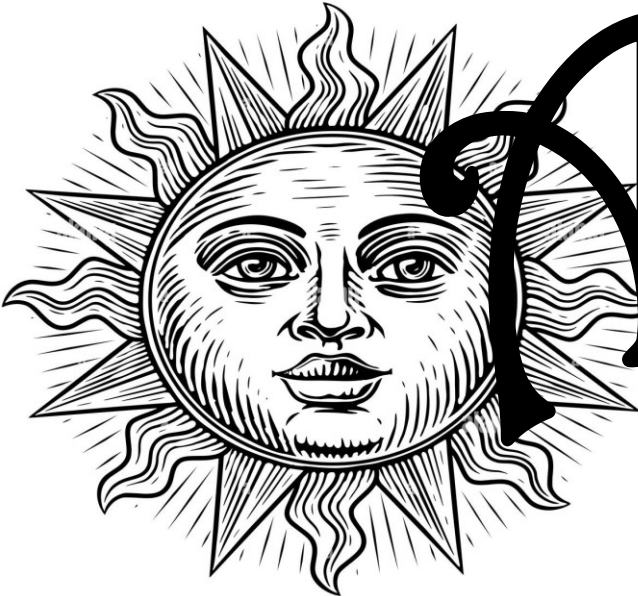




APRIL 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>For those not well and needing to remain in their rooms and have their meal delivered, Call ext. 2535</i></p> <p>REMINDER: No Guests are permitted for Sunday's meal</p> <p>Let the Hostess know IN ADVANCE if you are going to have mealtime guest during the week.</p>	<p>1 10:00 Banks/WSpfld 10:15 ZOOM Exercise</p> <p>FOOD DRIVE FOR MARGARET'S PANTRY → April 1- April 5 Table in Angel Hallway</p> <p>1:00 Big Y/S. Hadley 1:00 Opera W/out Tears Father Riendeau 2:00 BINGO 6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p>2 7:30 Lab Work NO ART TODAY <i>Alterations by Appt.</i></p> <p>10:00 S.Hadley Pub.Library 1:00 Target/Mall</p> <p>1:15 The Bible as Stories with Alan Gilburg 1:30 VEGA YOGA 1:30 Needle Craft Crew</p>	<p>3 10:00 Stop & Shop/Riverdale 1:00 Springfield Museum (free First Wednesdays)</p> <p>1:30 Etruscans & Ancient Rome w/ Jim Masi</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>7:00 Movie</p>	<p>4 9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&Noble</p> <p>1:00 Williamsburg Cntry Store, Williamsburg MA 1:30 History with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p>5 10:00 Stop & Shop/Holyoke 10:15 ZOOM Exercise</p> <p>1:30 Randall's Farms [last day Food Drive]</p> <p>3:00 Happy Hour</p> <p>7:00 Rosary in the Chapel</p>	<p>6</p>  <p>10:30 Writing Circle</p> <p>6:00 Springfield Symphony [residents buy own tickets]</p> <p>7:00 Movie</p>
<p>7 10:30 Qigong-Movie Room</p> <p>1:30 Canasta in the Community Room 1:30 Movie 2:00 Scrabble in the Coffee Shop</p> <p>Clothing Drive April 8-April 12 → [table in Mary's Cloister]</p> <p>7:00 Movie</p>	<p>8 10:00 Banks/Holyoke 10:15 ZOOM Exercise</p> <p>1:00 Opera W/out Tears Father Riendeau</p> <p>1:00 WEBs/Thornes Market Northampton, MA 1:30 BINGO</p> <p>3:00 Solar Eclipse Social in the West Parking Lot 6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p>9 7:30 Lab Work <i>Art is 4 Every 1 9am/ 10:45am</i></p> <p>10:00 Pub. Library of WSpfld</p> <p>10:00 PBJ Ministry 1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg 1:30 Needle Craft Crew 1:30 VEGA YOGA 2:00 Do-Re-Mi Singers (in the Chapel)</p> <p>7:00 Poetry Corner w/ Dan</p>	<p>10 10:00 All Resident Meeting in the Dining Room</p> <p>1:00 Stop & Shop/Riverdale 1:30 Artificial Intelligence: What to Know w/ Jim Masi</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>7:00 Movie</p>	<p>11 9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&Noble 12:00 Lunch Out: Fishtales</p> <p>1:30 History with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays Angel Hallway 4:45 Spfld Public Forum Symphony Hall, Spfld</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p>12 10:00 Stop & Shop/Holyoke <i>FootCare by Nurses by Appt</i></p> <p>1:00 Trader Joe's/ Whole Foods, Hadley</p> <p>2:00 Musical Entertainment: Laura Hicks/ "Women of the 70's" [last day Clothing Drive]</p> <p>7:00 Rosary in the Chapel</p>	<p>13</p>  <p>10:30 Writing Circle</p> <p>7:00 Movie</p>
<p>14 10:30 Qigong-Movie Room</p> <p>1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop</p> <p>2:00 Chapel Concert: Wilbraham Men's Glee Club</p> <p>7:00 Movie</p>	<p>15 Patriots Day</p> <p>10:00 MGM Casino</p> <p>10:15 ZOOM Exercise 1:00 Village Commons/ Odyssey Bookstore 1:00 Opera W/out Tears Father Riendeau 2:00 BINGO</p> <p>6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p>16 7:30 Lab Work <i>Podiatry by Appointment</i> <i>Art is 4 Every 1 9am/ 10:45am</i></p> <p>10:00 Banks/WSpfld</p> <p>1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg</p> <p>1:30 VEGA YOGA 1:30 Needle Craft Crew 7:00 TRANSITIONS w/ Martha Johnson</p>	<p>17 10:00 Stop & Shop/Riverdale 1:00 Atkins Farm</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>SHREDDING WEEK April 17-24 → </p> <p>7:00 Movie</p>	<p>18 9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&Noble 10:00 HomeCare Hands: Craft/Succulent Garden</p> <p>1:00 Mystery Ride 1:30 History with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p>19 10:00 Stop & Shop/Holyoke 10:15 ZOOM Exercise</p> <p>1:30 Randall's Farms</p> <p>1:30 Book Club in the Movie Room</p> <p>7:00 Rosary in the Chapel</p>	<p>20</p>  <p>10:30 Writing Circle</p> <p>7:00 Movie</p>
21	22 Earth Day	23	24	25	26	27

10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop Household Goods for Tag Sale for St. Lukes (Sr. Gerry) Drive April 22-April 26 [table in Mary's Cloister] → 7:00 Movie	9:00 Breakfast Out: Outlook Farm,Westhampton 1:00 Banks/Holyoke 1:00 Opera W/out Tears Father Riendeau 1:30 BINGO 3:00 Earth Day Social 6:00 Mexican Train in the Community Room 6:15 L-R-Center	7:30 Lab Work 10:00 S.Hadley Pub.Library Art is 4 Every 1 9am/ 10:45am 1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg 1:30 VEGA YOGA 1:30 Needle Craft Crew	10:00 Stop & Shop/Riverdale 1:00 Geissler's/Dollar Store Agawam 1:30 Sr. Madeleine's Reflections -Community Rm [last day Shredding] 7:00 Movie	9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&Noble 1:00 Marshall's / Chicopee Marketplace 1:30 History with Gene Adamz 2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau	10:00 Stop & Shop/Holyoke 10:15 ZOOM Exercise 1:00 Trader Joe's/ Whole Foods, Hadley [last day Tag Sale Drive] 1:30 Sally's Subjects 3:00 Birthday Celebration with Bill Shontz 7:00 Rosary in the Chapel	10:30 Writing Circle  2:00 Hymn Sing-Along in the Piano Lounge 7:00 Movie
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28 10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop 7:00 Movie	29 10:00 Banks/WSpfld 10:15 ZOOM Exercise 12:00 Lunch Out: Bluebonnet -N'ton 1:00 Opera W/out Tears Father Riendeau 2:00 BINGO 6:00 Mexican Train in the Community Room 6:15 L-R-Center	30 7:30 Lab Work 10:00 Pub. Library of WSpfld Art is 4 Every 1 9am/ 10:45am 1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg 1:30 VEGA YOGA 1:30 Needle Craft Crew	<u>Storage Open Tuesdays</u> If assistance required, place a work order with Receptionist; Dial "0" <u>Notary</u> Laurie Hoey call ext 2502 available upon request <u>ZOOM Exercise</u> Meeting # 576 677 309 Passcode 119629	 <div> April 2024 </div>		
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Alterations with Cindy by Appointment Tuesday, April 2 starting at 10AM sign up in Activity Rm 1 Thirsty Thursday Gathering Thursdays @ 4:00pm Bring Your Own Beverage; in Angel Hallway	HAIR SALON: by Appointment Only Contact Stylists directly Linda Kennedy 413-427-1183 Nancy Hoynowski 860-881-7026 Bridget McGurn 413-330-4616 Massage Therapy by Appointment Only Juanita Drew	<div> <i>A Little Reminder</i>  Meeting Locations ACTIVITY/EXERCISE ROOM located on first floor, to the East of the Reception Desk and the SouthEast stairwell </div> <div> ANGEL HALLWAY located on the first floor, to the right of the entrance to the Piano Lounge COFFEE SHOP located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served </div> <div> WELLNESS CENTER located on the first floor just inside the West/Resident Entrance (the one with the overhang) COMMUNITY/WEILLNESS ROOM located on the 4th floor, across from the East Elevator and near apt. 428. </div> <div> PIANO LOUNGE located on the first floor, entrance opposite of main entrance and Reception desk MOVIE ROOM located on the first floor, off Angel Hallway, to the East of the Reception Desk </div> <div> ACTIVITY ROOM#1 located on first floor, to the West of the Reception Desk across the hall from Exec. Director's Office **Sign up sheets for events/ trips are on clipboards in Activity Room #1** </div> <div>  </div>				
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