





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>March 2024</div>		<p><u>Storage Open Tuesdays</u> If assistance required, place a work order with Receptionist; Dial "0"</p> <p><u>Notary Laurie Hoey</u> call ext 2502 available upon request <u>ZOOM Exercise</u> Meeting # 576 677 309 Passcode 119629</p>	<p><i>Alterations with Cindy by Appointment</i> Tuesday, March 5 starting at 10:00 a.m. sign up in Activity Rm 1</p> <p>Thirsty Thursday Gathering Bring Your Own Beverage; in Angel Hallway</p>	<p><i>For those not well and needing to remain in their rooms and have their meal delivered,</i> Call ext. 2535</p> <p>REMINDER: No Guests are permitted for Sunday's meal</p> <p>Let Hostess know IN ADVANCE to have mealtime guests during the week.</p> <p>Note: " ** " = NEW</p>	<p>1 9:00 - 11:00 Lenten Meditation in the Chapel 10:00 Stop & Shop/Holyoke 10:15 ZOOM Exercise</p> <p>1:00 Trader Joe's/ Whole Foods, Hadley</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Rosary in the Chapel</p>	<p>2</p> <p>10:30 Writing Circle paused</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Movie</p>
<p>3</p> <p>10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room</p> <p>2:00 Scrabble in the Coffee Shop 3:30 Ethan Stone/Piano in the Piano Lounge</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Movie</p>	<p>4 10:00 Mt. Holyoke College Spring Flower Show 10:15 ZOOM Exercise</p> <p>1:00 Banks/WSpfld 1:00 Opera W/out Tears Father Riendeau 2:00 BINGO</p> <p>6:00 Mexican Train in the Community Room 6:00 Social Gathering in Angel Hallway 6:15 L-R-Center</p>	<p>5 Super Tuesday 7:30 Lab Work 8:15 Mall Walkers <i>Alterations by Appointment</i> Art is 4 Every 1 9am/ 10:45am 10:00 PRIMARY VOTE Holyoke, MA 1:00 Target/Holyoke Mall/ Barnes & Noble 1:15 The Bible as Stories with Alan Gilburg 1:30 VEGA YOGA 1:30 Needle Craft Crew 6:00 Social Gathering in Angel Hallway</p>	<p>6 10:00 Stop & Shop/Riverdale</p> <p>1:00 Atkins Farm</p> <p>1:30 Etruscans & Ancient Rome w/ Jim Masi 1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Movie</p>	<p>7 8:15 Mall Walkers 9:00 Qigong-Movie Room 10:00 CVS/Riverdale St**. <i>Massage by Appt</i> 1:00 Smith College Spring Flower Show 1:30 WWII-Europe RETURNS w/Gene Adamz 2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway 6:00 Social Gathering in Angel Hallway 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p>8 9:00 - 11:00 Lenten Meditation in the Chapel 10:00 Stop & Shop/Holyoke 10:15 ZOOM Exercise</p> <p><i>FootCare by Nurses by Appt</i></p> <p>1:30 Randall's Farms</p> <p>3:00 Irish Happy Hour</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Rosary in the Chapel</p>	<p>9 10:30 Writing Circle paused</p> <p>1:00 Big Broadcast, Mt. Holyoke College 2:00 Springfield Symphony [residents buy own tickets]</p> <p> CLOCKS SPRING AHEAD Daylight Savings Time</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Movie</p>
<p>10 DAYLIGHT SAVINGS BEGINS 10:30 Qigong-Movie Room 1:30 Canasta in the Community Room 1:30 Movie 2:00 Scrabble in the Coffee Shop 2:00 Chapel Concert Devine Nix Duo</p> <p>3:30 Irish Dance/Chapel </p> <p>6:00 Social Gathering in Angel Hallway 7:00 Movie</p>	<p>11 10:00 Banks/Holyoke 10:15 ZOOM Exercise</p> <p>10:30 Gardener's Group in the Community Room</p> <p>1:00 Opera W/out Tears Father Riendeau 1:00 Big Y/S. Hadley 2:00 BINGO</p> <p>6:00 Mexican Train in the Community Room 6:00 Social Gathering in Angel Hallway 6:15 L-R-Center</p>	<p>12 7:30 Lab Work 8:15 Mall Walkers Art is 4 Every 2 9am/ 10:45am 10:00 Pub. Library of WSpfld 10:00 PBJ Ministry 1:00 Target/Holyoke Mall/ Barnes & Noble 1:15 The Bible as Stories with Alan Gilburg 1:30 Needle Craft Crew 1:30 VEGA YOGA 3:00 Birthday Celebration w/ Dave Colucci 6:00 Social Gathering in Angel Hallway 7:00 Poetry Corner w/ Dan</p>	<p>13 10:00 All Resident Meeting in the Dining Room</p> <p>Lucky Draw Lunch & Dinner</p> <p>1:00 Stop & Shop/Riverdale</p> <p>1:30 Etruscans & Ancient Rome w/ Jim Masi 1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Movie</p>	<p>14 8:15 Mall Walkers 9:00 Qigong-Movie Room <i>Massage by Appt</i> 10:00 CVS/Riverdale St.**</p> <p>1:00 Trader Joe's/ Whole Foods, Hadley 1:30 WWII-Europe with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p>15 9:00 Breakfast Out: North Hadley Sugar Shack</p> <p>9:00 - 11:00 Lenten Meditation in the Chapel</p> <p>1:00 Stop & Shop/Holyoke 1:30 Book Club in the Movie Room 2:30 Shamrock Shake Social--Coffee Shop </p> <p>6:00 Social Gathering in Angel Hallway 7:00 Rosary in the Chapel</p>	<p>16</p> <p>10:30 Writing Circle paused</p> <p>6:00 Social Gathering in Angel Hallway 7:00 Movie</p>

<div>17</div> <div>St. Patrick's Day</div> <div><div><div>10:30 Qigong-Movie Room [Irish Boiled Dinner Served at Luncheon meal]</div><div>1:30 Movie 1:30 Canasta in the Community Room</div><div>2:00 Scrabble in the Coffee Shop</div><div></div><div>Holyoke St. Pat's Parade 12:00 noon on WWLP Comcast channels 5 & 822</div><div>2:30 Cash Bingo in Dining Room</div><div>6:00 Social Gathering 7:00 Movie</div></div></div>	<div>18</div> <div></div> <div><div>10:00 Banks/WSpfld</div><div>10:15 ZOOM Exercise</div><div></div><div>1:00 Opera W/out Tears Father Riendeau</div><div>1:30 Majestic: Misgivings</div><div>2:00 BINGO</div><div>6:00 Mexican Train in the Community Room</div><div>6:00 Social Gathering in Angel Hallway</div><div>6:15 L-R-Center</div></div>	<div>19</div> <div></div> <div><div>7:30 Lab Work</div><div>8:15 Mall Walkers</div><div>Art is 4 Every 1 9am/ 10:45am</div><div>10:00 S.Hadley Pub.Library</div><div>1:00 Target/Holyoke Mall/ Barnes & Noble</div><div>1:15 The Bible as Stories with Alan Gilburg</div><div>1:30 VEGA YOGA</div><div>1:30 Needle Craft Crew</div><div>6:00 Social Gathering in Angel Hallway</div></div>	<div>20</div> <div></div> <div><div>10:00 Stop & Shop/Riverdale</div><div>1:00 Geissler's/Dollar Store Agawam</div><div>1:30 Etruscans & Ancient Rome w/ Jim Masi</div><div>1:30 Sr. Madeleine's Reflections -Community Rm</div><div>6:00 Social Gathering in Angel Hallway</div><div>7:00 Movie</div></div>	<div>21</div> <div></div> <div><div>Irish Breakfast in Coffee Shop 7am - 10 am</div><div>8:15 Mall Walkers</div><div>9:00 Qigong-Movie Room</div><div>10:00 CVS/Riverdale St.** Massage by Appt</div><div>1:00 MGM Casino</div><div>1:30 WWII-Europe with Gene Adamz</div><div>2:30 Exercise w/Mary Kate in the Community Room</div><div>4:00 Thirsty Thursdays</div><div>6:00 Social Gathering in Angel Hallway</div><div>6:15 L-R-Center</div><div>6:30 Opera w/ Fr. Riendeau</div></div>	<div>22</div> <div></div> <div><div>9:00 - 11:00 Lenten Meditation in the Chapel</div><div>10:00 Stop & Shop/Holyoke</div><div>10:15 ZOOM Exercise</div><div>1:30 Randall's Farms</div><div>6:00 Social Gathering in Angel Hallway</div><div>7:00 Rosary in the Chapel</div></div>	<div>23</div> <div></div> <div><div>10:30 Writing Circle paused</div><div>6:00 Social Gathering in Angel Hallway</div><div>7:00 Movie</div></div> <div></div>
<div>24</div> <div>Palm Sunday</div> <div><div>10:30 Qigong-Movie Room</div><div>1:30 Movie 1:30 Canasta in the Community Room</div><div>3:00 Dan Kane and Young Friends/Singers in the Piano Lounge</div><div>2:00 Scrabble in the Coffee Shop</div><div>6:00 Social Gathering in Angel Hallway</div><div>7:00 Movie</div></div>	<div>25</div> <div></div> <div><div>10:00 Banks/Holyoke</div><div>10:15 ZOOM Exercise</div><div>1:00 Walmart/Westfield</div><div>1:00 Opera W/out Tears Father Riendeau</div><div>2:00 BINGO</div><div>6:00 Mexican Train in the Community Room</div><div>6:00 Social Gathering in Angel Hallway</div><div>6:15 L-R-Center</div></div>	<div>26</div> <div></div> <div><div>7:30 Lab Work</div><div>8:15 Mall Walkers</div><div>Art is 4 Every 1 9am/ 10:45am</div><div>10:00 Pub. Library of WSpfld</div><div>1:00 Target/Holyoke Mall/ Barnes & Noble</div><div>1:15 The Bible as Stories with Alan Gilburg</div><div>1:30 VEGA YOGA</div><div>1:30 Needle Craft Crew</div><div>6:00 Social Gathering in Angel Hallway</div></div>	<div>27</div> <div></div> <div><div>10:00 Stop & Shop/Riverdale</div><div>1:00 Mystery Ride</div><div>1:30 Etruscans & Ancient Rome w/ Jim Masi</div><div>1:30 Sr. Madeleine's Reflections -Community Rm</div><div>6:00 Social Gathering 7:00 Movie</div></div>	<div>28</div> <div>Holy Thursday</div> <div><div>No 8:30 Mass</div><div>8:15 Mall Walkers</div><div>9:00 Qigong-Movie Room</div><div>10:00 CVS/Riverdale St** Massage by Appt</div><div>1:00 NE Air Museum, CT</div><div>1:30 WWII-Europe with Gene Adamz</div><div>2:30 Exercise w/Mary Kate in the Community Room</div><div>4:00 Holy Thursday Mass</div><div>6:00 Social Gathering 6:15 L-R-Center</div><div>6:30 Opera w/ Fr. Riendeau</div></div>	<div>29</div> <div>Good Friday</div> <div><div>No 8:30 Mass</div><div>10:00 Stop & Shop/Holyoke</div><div>10:15 ZOOM Exercise</div><div>1:00 Trader Joe's/ Whole Foods, Hadley</div><div>3:00 Good Friday Service</div><div>6:00 Social Gathering in Angel Hallway</div><div>7:00 Rosary in the Chapel</div></div>	<div>30</div> <div>Holy Saturday</div> <div><div>10:30 Writing Circle paused</div><div>2:00 Hymn Sing Along in the Piano Room</div><div></div><div>6:00 Social Gathering in Angel Hallway</div><div>7:00 Movie</div></div>
<div>31</div> <div>Easter Sunday</div> <div><div></div><div>8:30 Easter Sunday Service</div><div>10:30 Qigong-Movie Room</div><div>1:30 Movie</div><div>1:30 Canasta in the Community Room</div><div>2:00 Scrabble in the Coffee Shop</div><div>6:00 Social Gathering in Angel Hallway</div><div>7:00 Movie</div></div>	<div>HAIR SALON: by Appointment Only Contact Stylists directly Linda Kennedy 413-427-1183 Nancy Hoynowski 860-881-7026 Bridget McGurn 413-330-4616 Massage Therapy by Appointment Only Juanita Drew 860-508-3278</div>	<div><div><div>A Little Reminder</div><div>→</div><div>Meeting Locations</div></div><div>ACTIVITY/EXERCISE ROOM located on first floor, to the East of the Reception Desk and the SouthEast stairwell</div><div>ANGEL HALLWAY located on the first floor, to the right of the entrance to the Piano Lounge COFFEE SHOP located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served</div><div>WELLNESS CENTER located on the first floor just inside the West/Resident Entrance (the one with the overhang) COMMUNITY/WELLNESS ROOM located on the 4th floor, across from the East Elevator and near apt. 428.</div><div>PIANO LOUNGE located on the first floor, entrance opposite of main entrance and Reception desk MOVIE ROOM located on the first floor, off Angel Hallway, to the East of the Reception Desk</div><div>ACTIVITY ROOM#1 located on first floor, to the West of the Reception Desk across the hall from Exec. Director's Office **Sign up sheets for events/ trips are on clipboards in Activity Room #1**</div></div>				