

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>May 2024</h1> 		<p><i>For those not well and needing to remain in their rooms and have their meal delivered, Call ext. 2535</i></p> <p><b>REMINDER:</b> No Guests are permitted for Sunday's meal</p> <p><b>Inform the Hostess IN ADVANCE if you are going to have mealtime guest during the week.</b></p>	<p><b>1</b></p> <p>10:00 Stop &amp; Shop/Riverdale 10:00 Gardening Group Meeting in 4th Floor Community Room</p> <p>1:00 Springfield Museum (free First Wednesdays)</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>7:00 Movie</p>	<p><b>2</b></p> <p>9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&amp;Noble 11:00 Massage by Appt.</p> <p>1:00 Williamsburg Cntry Store, Williamsburg MA</p> <p>1:30 HISTORY with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p><b>3</b></p> <p>10:00 Stop &amp; Shop/Holyoke 10:15 ZOOM Exercise</p> <p>1:30 Randall's Farms</p> <p>7:00 Rosary in the Chapel</p>	<p><b>4</b></p> <p><b>Kentucky Derby 2024</b></p> <p>10:30 Writing Circle</p> <p></p> <p>6:00 Kentucky Derby Party (Derby run time 6:45 p.m.)</p> <p>7:00 Movie</p>
<p><b>5</b></p> <p>10:30 Qigong-Movie Room 1:30 Canasta in the Community Room 1:30 Movie 2:00 Scrabble in the Coffee Shop</p> <p>2:00 Chapel Concert: <b>Bella Voce</b></p> <p>7:00 Movie</p>	<p><b>6</b></p> <p>10:00 Men's Group Meet 4th fl Community Room</p> <p>10:00 Banks/Holyoke 10:15 ZOOM Exercise</p> <p>1:00 Opera W/out Tears Father Riendeau 1:00 Big Y/S. Hadley</p> <p>2:00 BINGO</p> <p>6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p><b>7</b></p> <p>7:30 Lab Work <b>Art is 4 Every 1 9am/ 10:45am</b></p> <p>10:00 S.Hadley Pub.Library</p> <p>1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg</p> <p>1:30 Needle Craft Crew 1:30 VEGA YOGA</p>	<p><b>8</b></p> <p>10:00 All Resident Meeting in the Dining Room 11:00 Massage by Appt.</p> <p>1:00 Stop &amp; Shop/Riverdale</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>3:00 Birthday Celebration w/ Joel Meginsky</p> <p>7:00 Movie</p>	<p><b>9</b></p> <p>9:00 Qigong-Movie Room Alterations by Appointment 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&amp;Noble 11:00 Massage by Appt.</p> <p>1:00 Trader Joe's/ Whole Foods, Hadley</p> <p>1:30 HISTORY with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p><b>10</b></p> <p>9:00 Breakfast Out: Bluebonnet Diner, N'ton</p> <p>10:15 ZOOM Exercise</p> <p>FootCare by Nurses by Appt</p> <p>1:00 Stop &amp; Shop/Holyoke</p> <p>7:00 Rosary in the Chapel</p>	<p><b>11</b></p> <p>10:00 Cetto Chamber Singers- Chapel</p> <p>10:30 Writing Circle</p> <p>7:00 Movie</p> <p></p>
<p><b>12</b></p> <p></p> <p>10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop</p> <p>3:30 Piano/Ethan Stone in the Piano Lounge</p> <p>7:00 Movie</p>	<p><b>13</b></p> <p>10:00 Banks/WSpfld</p> <p>10:15 ZOOM Exercise 1:00 Talbot/Thornes Mkt/ Northampton</p> <p>1:00 Opera W/out Tears Father Riendeau</p> <p>2:00 BINGO</p> <p>6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p><b>14</b></p> <p>7:30 Lab Work 10:00 Tandem Bagel, E'ton <b>Art is 4 Every 1 9am/ 10:45am</b></p> <p>10:00 PBJ Ministry</p> <p>1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg</p> <p>1:30 VEGA YOGA 1:30 Needle Craft Crew</p> <p>7:00 Poetry Corner w/ Dan</p>	<p><b>15</b></p> <p>10:00 Stop &amp; Shop/Riverdale</p> <p>1:00 Geissler's/Dollar Store Agawam</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>3:00 Spring Social (blessing of tree)</p> <p>7:00 Movie</p>	<p><b>16</b></p> <p>9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&amp;Noble 11:00 Massage by Appt.</p> <p>1:00 Mystery Ride</p> <p>1:30 HISTORY with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p><b>17</b></p> <p>10:00 Stop &amp; Shop/Holyoke 10:15 ZOOM Exercise</p> <p>1:30 Randall's Farms</p> <p>1:30 Book Club</p> <p>7:00 Rosary in the Chapel</p>	<p><b>18</b></p> <p>8:30 Breakfast Out Spfld Pancake Breakfast</p> <p>10:30 Writing Circle</p> <p>6:00 Springfield Symphony residents buy own tickets</p> <p>7:00 Movie</p> <p></p>
<p><b>19</b></p> <p>10:30 Qigong-Movie Room</p> <p>1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop</p> <p>2:30 Cash Bingo in the Dining Room</p> <p>7:00 Movie</p>	<p><b>20</b></p> <p>10:00 Banks/Holyoke 10:15 ZOOM Exercise</p> <p>1:00 Opera W/out Tears Father Riendeau 1:00 Odyssey Bookstore S. Hadley</p> <p>2:00 BINGO</p> <p>6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p><b>21</b></p> <p>7:30 Lab Work 10:00 S.Hadley Pub.Library <b>Art is 4 Every 1 9am/ 10:45am</b></p> <p>1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg</p> <p>1:30 VEGA YOGA 1:30 Needle Craft Crew</p>	<p><b>22</b></p> <p>10:00 Stop &amp; Shop/Riverdale</p> <p>1:00 Atkins Farm</p> <p>1:30 Mass EDP:phones for those who are hard of hearing or sight impaired Do you qualify?? Meet in the Movie Room</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>7:00 Movie</p>	<p><b>23</b></p> <p>9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&amp;Noble 11:00 Massage by Appt.</p> <p>1:30 HISTORY with Gene Adamz</p> <p>1:00 Trader Joe's/ Whole Foods, Hadley</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p><b>24</b></p> <p>10:00 Stop &amp; Shop/Holyoke 10:15 ZOOM Exercise</p> <p>1:00 Veteran's Cemetery Agawam, MA</p> <p>1:30 Sally's Subjects</p> <p>3:00 Happy Hour</p> <p>7:00 Rosary in the Chapel</p>	<p><b>25</b></p> <p>10:30 Writing Circle</p> <p>2:00 Hymn Sing-Along Piano Lounge</p> <p>7:00 Movie</p> <p></p>
<p><b>26</b></p> <p>10:30 Qigong-Movie Room</p> <p>1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop</p> <p>7:00 Movie</p>	<p><b>27 Memorial Day</b></p> <p>11:30 - 1:15 Picnic Buffet No Evening Meal</p> <p>6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p><b>28</b></p> <p>7:30 Lab Work 10:00 Banks/WSpfld <b>Art is 4 Every 1 9am/ 10:45am</b></p> <p>1:00 Target/Mall 1:15 The Bible as Stories with Alan Gilburg</p> <p>1:30 VEGA YOGA 1:30 Needle Craft Crew</p>	<p><b>29</b></p> <p>10:00 Stop &amp; Shop/Riverdale</p> <p>12:00 Shrine of the Divine Mercy, Stockbridge</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>7:00 Movie</p>	<p><b>30</b></p> <p>9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&amp;Noble 11:00 Massage by Appt.</p> <p>1:30 Randall's Farms</p> <p>1:30 HISTORY with Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Angel Hallway</p> <p>6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p><b>31</b></p> <p>10:00 Stop &amp; Shop/Holyoke 10:15 ZOOM Exercise</p> <p>1:00 Acts of Hesusd Farm Southampton, MA</p> <p>7:00 Rosary in the Chapel</p>	<p><u>Storage Open Tuesdays</u> If assistance required, place a work order with Receptionist, Dial "0"</p> <p><b>Notary Laurie Hoey</b> call ext 2502 available upon request</p> <p><u>ZOOM Exercise</u> Meeting # 576 677 309 Passcode 119629</p>
<p><b>Alterations with Cindy by Appointment</b> Thursday May 9 starting at 10AM sign up in Activity Rm 1</p> <p><b>Thirsty Thursday Gathering</b> Thursdays @ 4:00pm Bring Your Own Beverage; in Angel Hallway</p>	<p><b>HAIR SALON: by Appointment Only</b> Contact Stylists directly Linda Kennedy 413-427-1183 Nancy Hoynowski 860-881-7026 Bridget McGurn 413-330-4616 <b>Massage Therapy by Appointment Only</b> Juanita Drew 860-508-3278</p>	<p><i>A Little Reminder</i></p> <p>Meeting Locations</p> <p><b>ACTIVITY/EXERCISE ROOM</b> located on first floor, to the East of the Reception Desk and the SouthEast stairwell</p>	<p><b>ANGEL HALLWAY</b> located on the first floor, to the right of the entrance to the Piano Lounge</p> <p><b>COFFEE SHOP</b> located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served</p>	<p><b>WELLNESS CENTER</b> located on the first floor just inside the West/Resident Entrance (the one with the overhang)</p> <p><b>COMMUNITY/ WELLNESS ROOM</b> located on the 4th floor, across from the East Elevator and near apt. 428.</p>	<p><b>PIANO LOUNGE</b> located on the first floor, entrance opposite of main entrance and Reception desk</p> <p><b>MOVIE ROOM</b> located on the first floor, off Angel Hallway, to the East of the Reception Desk</p>	<p><b>ACTIVITY ROOM#1</b> located on first floor, to the West of the Reception Desk across the hall from Exec. Director's Office</p> <p>**Sign up sheets for events/ trips are on clipboards in Activity Room #1**</p> <p></p>