


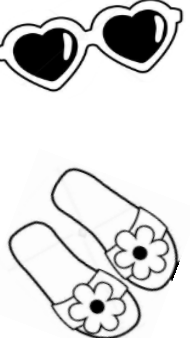









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>June</h1> <h2>2024</h2> 		<p>By Appointment Only: HAIR SALON <i>Contact Stylists directly</i> Linda Kennedy 413-427-1183</p> <p>Nancy Hoynowski 860-881-7026</p> <p>Bridget McGurn 413-330-4616</p> <p>Massage Therapy Juanita Drew 860-508-3278</p>	<p>Storage Open Tuesdays If assistance required, place a work order with Receptionist; Dial "0"</p> <p>Notary Laurie Hoey call ext 2502 available upon request</p> <p>ZOOM Exercise Meeting # 576 677 309 Passcode 119629</p>	<p>Alterations with Cindy by Appointment DATE TBD sign up in Activity Rm#1</p> <p>Thirsty Thursday Gathering Thursdays @ 4:00pm Bring Your Own Beverage; in Mary's Cloister</p>	<p><i>For those not well and needing to remain in their rooms and have their meal delivered, Call ext. 2535</i></p> <p>REMINDER: No Guests are permitted for Sunday's meal</p> <p>Inform the Hostess IN ADVANCE if you are going to have mealtime guest during the week.</p>	<p>1</p> <p>10:30 Writing Circle</p> <p>12:00 Sciantic River Arts Monson Sr. Center</p> <p>1:30 Movie </p>
<p>2</p> <p>10:30 Qigong-Movie Room</p> <p>1:30 Canasta in the Community Room</p> <p>1:30 Movie</p> <p>2:00 Scrabble in the Coffee Shop</p> <p>7:00 Movie</p>	<p>3</p> <p>10:00 Banks/Holyoke</p> <p>10:00 Men's Club Community Room 4th floor</p> <p>10:15 ZOOM Exercise</p> <p>1:00 Opera W/out Tears Father Riendeau</p> <p>1:00 Big Y/S. Hadley</p> <p>2:00 BINGO</p> <p>3:00 WMass Sr. Band in the Chapel</p> <p>2:00 BINGO</p> <p>6:15 L-R-Center</p>	<p>4</p> <p>7:30 Lab Work</p> <p>Art is 4 Every 1 9am/ 10:45am</p> <p>10:00 S.Hadley Pub. Library</p> <p>1:00 Target/Mall</p> <p>1:15 The Gospel of Mark with Alan Gilburg</p> <p>1:30 Needle Craft Crew</p> <p>1:30 VEGA YOGA</p>	<p>5</p> <p>10:00 Stop & Shop/Riverdale</p> <p>12:30 Springfield Museum (free First Wednesdays)</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>3:00 Happy Hour</p> <p>7:00 Movie</p>	<p>6</p> <p>9:00 Qigong-Movie Room</p> <p>9:30 BP Clinic/Card Room</p> <p>10:00 CVS/Barnes&Noble</p> <p>11:00 Massage by Appt.</p> <p>1:00 Geissler's/Dollar Store</p> <p>1:30 History w/ Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room</p> <p>4:00 Thirsty Thursdays in Mary's Cloister</p> <p>5:30 Spfld Public Forum Springfield, MA</p> <p>6:15 L-R-Center</p> <p>6:30 Opera w/ Fr. Riendeau</p>	<p>7</p> <p>10:00 Stop & Shop/Holyoke</p> <p>10:15 ZOOM Exercise</p> <p>1:00 Trader Joe's/ Whole Foods, Hadley</p> <p>7:00 Rosary in the Chapel</p>	<p>8</p> <p>10:30 Writing Circle</p> <p>1:30 Movie </p> <p>7:00 Movie</p>
<p>9</p> <p>10:30 Qigong-Movie Room</p> <p>1:30 Canasta in the Community Room</p> <p>1:30 Movie</p> <p>2:00 Scrabble in the Coffee Shop</p> <p>7:00 Movie</p>	<p>10</p> <p>10:00 Banks/WSpfld</p> <p>10:15 ZOOM Exercise</p> <p>1:00 Louis & Clark Gifts</p> <p>1:00 Opera W/out Tears Father Riendeau</p> <p>2:00 BINGO</p> <p>6:00 Mexican Train in the Community Room</p> <p>6:15 L-R-Center</p>	<p>11</p> <p>7:30 Lab Work</p> <p>Art is 4 Every 1 9am/ 10:45am</p> <p>10:00 Chumuras Bakery Indian Orchard</p> <p>10:00 PBJ Ministry</p> <p>1:00 Target/Mall</p> <p>1:15 The Gospel Of Mark with Alan Gilburg</p> <p>NO VEGA YOGA</p> <p>1:30 Needle Craft Crew</p> <p>7:00 Poetry Corner w/ Dan</p>	<p>12</p> <p>10:00 All Resident Meeting in the Dining Room</p> <p>1:00 Stop & Shop/Riverdale</p> <p>1:30 Sr. Madeleine's Reflections -Community Rm</p> <p>7:00 Movie</p>	<p>13</p> <p>9:00 Qigong-Movie Room</p> <p>9:30 BP Clinic/Card Room</p> <p>10:00 CVS/Barnes&Noble</p> <p>11:00 Massage by Appt.</p> <p>11:00 St. Joseph's Abbey Spencer, MA</p> <p>1:30 History w/ Gene Adamz</p> <p>2:30 Exercise w/Mary Kate in the Community Room</p> <p>4:00 Thirsty Thursdays in Mary's Cloister</p> <p>6:15 L-R-Center</p> <p>6:30 Opera w/ Fr. Riendeau</p>	<p>14 Flag Day</p> <p><i>FootCare by Nurses by Appt</i></p> <p>10:00 Stop & Shop/Holyoke</p> <p>10:15 ZOOM Exercise</p> <p>11:15 Flag Day Ceremony Flag Pole Entrance</p> <p>1:30 Randall's Farms</p> <p>1:30 Book Club</p> <p>3:00 Flag Day/Patriotic Songs with Doug Schmolze</p> <p>7:00 Rosary in the Chapel</p>	<p>15</p> <p>10:30 Writing Circle</p> <p>1:30 Movie </p> <p>7:00 Movie</p>

<p>16 Happy Father's Day!</p> <p>10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop 7:00 Movie</p>	<p>17</p> <p>10:00 Banks/Holyoke 10:15 ZOOM Exercise 1:00 Marshalls/ Chicopee Marketplace 1:00 Opera W/out Tears Father Riendeau 2:00 BINGO 6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p>18</p> <p>7:30 Lab Work 10:00 S.Hadley Pub. Library Art is 4 Every 1 9am/ 10:45am 1:00 Target/Mall 1:15 TheGospel Of Mark with Alan Gilburg 1:30 VEGA YOGA 1:30 Needle Craft Crew</p>	<p>19 Juneteenth</p> <p>10:00 Stop & Shop/Riverdale 1:30 Springfield Symphony Juneteenth Concert 1:30 Sr. Madeleine's Reflections -Community Rm 7:00 Movie</p>	<p>20</p> <p>9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&Noble 11:00 Massage by Appt. 1:00 Mystery Ride 1:30 History w/ Gene Adamz 2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Mary's Cloister 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p>21</p> <p>10:00 Stop & Shop/Holyoke 10:15 ZOOM Exercise 1:00 Trader Joe's/ Whole Foods, Hadley 1:30 Sally's Subjects 3:00 Entertainment: Ben & Ed 7:00 Rosary in the Chapel</p>	<p>22</p> <p>10:30 Writing Circle 1:30 Movie   7:00 Movie</p>						
<p>23</p> <p>10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop 7:00 Movie</p>	<p>24</p> <p>10:00 Banks/WSpfld 10:15 ZOOM Exercise 1:00 Big Y/S. Hadley 1:00 Opera W/out Tears Father Riendeau 2:00 BINGO 6:00 Mexican Train in the Community Room 6:15 L-R-Center</p>	<p>25</p> <p>7:30 Lab Work 9:00 Breakfast Out: Memos West Springfield <i>Podiatry by Appointment</i> Art is 4 Every 1 9am/ 10:45am 1:00 Target/Mall 1:15 The Gospel Of Mark with Alan Gilburg 1:30 VEGA YOGA 1:30 Needle Craft Crew</p>	<p>26</p> <p>10:00 Stop & Shop/Riverdale 1:00 Atkins Farm 1:30 Sr. Madeleine's Reflections -Community Rm 3:00 Birthday Celebration Dave Colucci 7:00 Movie</p>	<p>27</p> <p>9:00 Qigong-Movie Room 9:30 BP Clinic/Card Room 10:00 CVS/Barnes&Noble 11:00 Massage by Appt. 1:00 Mt. Tom's Homemade Ice Cream and Candy 1:30 History w/ Gene Adamz 2:30 Exercise w/Mary Kate in the Community Room 4:00 Thirsty Thursdays in Mary's Cloister 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau</p>	<p>28</p> <p>10:00 Stop & Shop/Holyoke 10:15 ZOOM Exercise 1:30 Randall's Farms 1:30 "The Ancestry of SP" with Sr. Geraldine Noonan in the Movie Room 7:00 Rosary in the Chapel</p>	<p>29</p> <p>10:30 Writing Circle 1:30 Movie 2:00 Hymn Sing-Along in the Piano Lounge  7:00 Movie</p>						
<p>30</p> <p>10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop 7:00 Movie</p> 	<table border="1"> <tr> <td data-bbox="547 1282 951 1814"> <p>ACTIVITY ROOM#1 located on first floor, to the West of the Reception Desk across the hall from Exec. Director's Office **Sign up sheets for events/ trips are on clipboards in Activity Room #1**</p>  </td> <td data-bbox="951 1282 1355 1814"> <p>ANGEL HALLWAY located on the first floor, to the right of the entrance to the Piano Lounge COFFEE SHOP located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served</p> </td> <td data-bbox="1355 1282 1759 1814"> <p>MARY'S CLOISTER located on the first floor, enter via door located in Piano Lounge, to the West JOSEPH'S CLOISTER located on the first floor, enter via door located in Piano Lounge, to the East</p> </td> <td data-bbox="1759 1282 2163 1814"> <p>WELLNESS CENTER located on the first floor just inside the West/Resident Entrance (the one with the overhang) COMMUNITY/WELLNESS ROOM located on the 4th floor, across from the East Elevator and near apt. 428.</p> </td> <td data-bbox="2163 1282 2567 1814"> <p>PIANO LOUNGE located on the first floor, entrance opposite of main entrance and Reception desk MOVIE ROOM located on the first floor, off Angel Hallway, to the East of the Reception Desk</p> </td> </tr> </table>						<p>ACTIVITY ROOM#1 located on first floor, to the West of the Reception Desk across the hall from Exec. Director's Office **Sign up sheets for events/ trips are on clipboards in Activity Room #1**</p> 	<p>ANGEL HALLWAY located on the first floor, to the right of the entrance to the Piano Lounge COFFEE SHOP located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served</p>	<p>MARY'S CLOISTER located on the first floor, enter via door located in Piano Lounge, to the West JOSEPH'S CLOISTER located on the first floor, enter via door located in Piano Lounge, to the East</p>	<p>WELLNESS CENTER located on the first floor just inside the West/Resident Entrance (the one with the overhang) COMMUNITY/WELLNESS ROOM located on the 4th floor, across from the East Elevator and near apt. 428.</p>	<p>PIANO LOUNGE located on the first floor, entrance opposite of main entrance and Reception desk MOVIE ROOM located on the first floor, off Angel Hallway, to the East of the Reception Desk</p>	<p><i>A Little Reminder</i></p> <p>← Meeting Locations</p> <p>ACTIVITY/EXERCISE ROOM located on first floor, to the East of the Reception Desk and the SouthEast stairwell</p>
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