

SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY							
<b>1</b> 10:30 Qigong-Movie Room 1:30 Canasta in the Community Room 1:30 Movie 2:00 Scrabble in the Coffee Shop  6:00 Pitch in the Community Room 7:00 Movie	<b>2 Labor Day</b>  <b>11:30-1:15 p.m. Main Meal                      No Evening Meal</b>  6:00 Mexican Train in the Community Room 6:15 L-R-Center	<b>3</b> 9:30 VOTE in Holyoke <i>Art is 4 Every 1                      9am/ 10:45am</i>  10:30 Banks/WSpfld  <b>10:30 Garden Club Meeting                      in the Community Room</b> 12:30 VOTE in Holyoke  1:30 Target/Mall 1:30 Needle Craft Crew 1:30 Movie <b>1:30 VEGA YOGA</b>	<b>4</b> 7:30 Lab Work  10:00 Stop & Shop/Riverdale  12:30 Springfield Museum (free First Wednesdays) 1:30 Movie  <b>2:00 Laura &amp; Pete                      Musically Married                      in the Piano Lounge</b>  7:00 Movie	<b>5</b> 9:30 BP Clinic/Card Room <i>Massage by Appointment</i> 10:00 CVS/Barnes&Noble  1:00 Savers/West Spfld. <b>1:30 Aqua Aerobics                      w/Mary Kate in the Pool</b>  <b>1:30 AI</b> (artificial intelligence) with Jim Masi 4:00 Thirsty Thursdays Mary's Cloister 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau	<b>6</b>  10:00 Stop & Shop/Holyoke <b>10:15 ZOOM Exercise</b>  1:30 Randall's Farms  6:30 Mexican Train in the Community Room 7:00 Rosary in the Chapel	<b>7</b>  10:30 Writing Circle  1:30 Movie  6:30 Rummikub in the Community Room 7:00 Movie							
<b>8</b> 10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  6:00 Pitch in the Community Room 7:00 Movie	<b>9</b> 10:00 Banks/Holyoke <b>10:00 Men's Club                      in the Community Room</b> <b>10:15 ZOOM Exercise</b> <i>Massage by Appt.</i>  <b>1:00 Religions of Man                      Father Riendeau</b> 1:00 Big Y/S. Hadley 2:00 BINGO  6:00 Mexican Train in the Community Room 6:15 L-R-Center	<b>10</b> 10:00 S.Hadley Pub. Library <b>10:00 PBJ Ministry</b> <i>Podiatry by Appointment</i>  <i>Art is 4 Every 1                      9am/ 10:45am</i>  1:00 Target/Mall <b>1:30 The Gospel of Mark                      with Alan Gilburg</b> 1:30 Needle Craft Crew  <b>7:00 Poetry Corner w/ Dan</b>	<b>11</b> 7:30 Lab Work <b>9:30 VEGA YOGA</b> 10:00 Stop & Shop/Riverdale  <b>10:30 "Tour of our Trees"</b> Walking Tour w/Peter Bouvier  1:00 Magic Wings, S.Deerfld <b>1:30 Sr. Maddy's Reflections                      in the Community Room</b> <b>1:30 HISTORY with                      Gene Adamz</b>  7:00 Movie	<b>12</b> 9:00 Qigong-Movie Room <b>9:30 BP Clinic/Card Room</b> <i>Massage by Appt.</i> 10:00 CVS/Barnes&Noble  1:00 Geissler's/Dollar Store <b>1:30 Aqua Aerobics                      w/Mary Kate in the Pool</b> <b>1:30 Science &amp; Religion                      w/ Jim Masi</b> 4:00 Thirsty Thursdays in Angel Hallway 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau	<b>13</b>  10:00 Stop & Shop/Holyoke <b>10:15 ZOOM Exercise</b> <i>FootCare by Nurses by Appt</i>  1:00 Trader Joe's/ Whole Foods, Hadley <b>3:00 Happy Hour</b>  6:30 Mexican Train in the Community Room 7:00 Rosary in the Chapel	<b>14</b>  10:30 Writing Circle  <b>11:00 Sciantic River                      Art Show Hampden, MA                      Thornton Burgess School</b>  1:30 Movie  6:30 Rummikub in the Community Room 7:00 Movie							
<b>15</b> 10:30 Qigong-Movie Room  1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  <b>3:30 Ethan Stone/ Piano                      in the Piano Lounge</b>  6:00 Pitch in the Community Room 7:00 Movie	<b>16</b> 10:00 Banks/WSpfld <i>Massage by Appt.</i> <b>10:15 ZOOM Exercise</b> 1:00 Walmart/Westfield  <b>1:00 Religions of Man                      Father Riendeau</b> 2:00 BINGO  6:00 Mexican Train in the Community Room 6:15 L-R-Center	<b>17</b> <b>9:45 BIG E</b> (pick/return at 12pm)  <i>Art is 4 Every 1                      9am/ 10:45am</i>  1:00 Target/Mall <b>1:30 The Gospel of Mark                      with Alan Gilburg</b>  1:30 Needle Craft Crew	<b>18</b> 7:30 Lab Work <b>9:30 VEGA YOGA</b> <b>10:15 All Resident Meeting                      in the Dining Room</b>  1:00 Stop & Shop/Riverdale <b>1:30 HISTORY with                      Gene Adamz</b> <b>1:30 Sr. Maddy's Reflections                      in the Community Room</b> <b>3:00 Birthday Celebration                      w/Dave Colucci</b>  7:00 Movie	<b>19</b> 9:00 Qigong-Movie Room <b>9:30 BP Clinic/Card Room</b> 10:00 CVS/Barnes&Noble <i>Massage by Appt.</i> <b>1:00 Mystery Ride</b> <b>1:30 Science &amp; Religion                      w/ Jim Masi</b>  <b>1:30 Aqua Aerobics                      w/Mary Kate in the Pool</b> 4:00 Thirsty Thursdays in Angel Hallway 6:15 L-R-Center 6:30 Opera w/ Fr. Riendeau	<b>20</b>  10:00 Stop & Shop/Holyoke <b>10:15 ZOOM Exercise</b>  1:30 Randall's Farms  <b>1:30 Book Club</b>  6:30 Mexican Train in the Community Room 7:00 Rosary in the Chapel	<b>21</b>  10:30 Writing Circle  1:30 Movie  6:30 Rummikub in the Community Room 7:00 Movie							
<b>22</b> 10:30 Qigong-Movie Room  1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  <b>Sisters of Providence                      Missioning Day</b>  6:00 Pitch in the Community Room 7:00 Movie	<b>23</b> 10:00 Banks/Holyoke <b>10:15 ZOOM Exercise</b> <i>Massage by Appt.</i> <b>11:00 MGM Casino</b>  <b>1:00 Religions of Man                      Father Riendeau</b> 2:00 BINGO  6:00 Mexican Train in the Community Room 6:15 L-R-Center	<b>24</b> 7:30 Lab Work 10:00 S.Hadley Pub. Library <i>Art is 4 Every 1                      9am/ 10:45am</i>  1:00 Target/Mall <b>1:30 The Gospel of Mark                      with Alan Gilburg</b>  1:30 Needle Craft Crew <b>2:00 ART EXHIBITION                      MARY'S CLOISTER</b>	<b>25</b> 7:30 Lab Work <b>9:30 VEGA YOGA</b> 10:00 Stop & Shop/Riverdale  <b>1:00 Art in the Orchard                      Easthampton, MA</b>  <b>1:30 HISTORY with                      Gene Adamz</b> <b>1:30 Sr.Maddy's Reflections                      in the Community Room</b>  7:00 Movie	<b>26</b> 9:00 Qigong-Movie Room <b>9:30 BP Clinic/Card Room</b> 10:00 CVS/Barnes&Noble <i>Massage by Appt.</i> 1:00 Atkins Farms Market <b>1:30 Science &amp; Religion                      w/ Jim Masi</b>  <b>2:30 Exercise w/Mary Kate                      in the Community Room</b> 4:00 Thirsty Thursdays Angel Hallway 6:30 Opera w/ Fr. Riendeau	<b>27</b>  10:00 Stop & Shop/Holyoke <b>10:15 ZOOM Exercise</b>  1:00 Trader Joe's/ Whole Foods, Hadley <b>1:00 Sally's Subjects</b>  6:30 Mexican Train in the Community Room 7:00 Rosary in the Chapel	<b>28</b>  10:30 Writing Circle  1:30 Movie  <b>2:00 Hymn Sing-Along</b>  6:30 Rummikub in the Community Room 7:00 Movie							
<b>29</b> 10:30 Qigong-Movie Room  1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  6:00 Pitch in the Community Room 7:00 Movie	<b>30</b> 10:00 Banks/WSpfld <i>Massage by Appt.</i> <b>10:15 ZOOM Exercise</b>  1:00 Geissler's /Dollar Store <b>1:00 Religions of Man                      Father Riendeau</b> 2:00 BINGO  6:00 Mexican Train in the Community Room 6:15 L-R-Center	<div style="text-align: center;">  <p><b>A Little Reminder</b></p> <p>Meeting Locations</p> </div> <table border="0" style="width: 100%;"> <tr> <td style="width: 16.6%; vertical-align: top;"> <p><b>ANGEL HALLWAY</b> located on the first floor, to the right of the entrance to the Piano Lounge</p> </td> <td style="width: 16.6%; vertical-align: top;"> <p><b>WELLNESS CENTER</b> located on the first floor just inside the West/Resident Entrance (the one with the overhang)</p> </td> <td style="width: 16.6%; vertical-align: top;"> <p><b>PIANO LOUNGE</b> located on the first floor, entrance opposite of main entrance and Reception desk</p> </td> <td style="width: 16.6%; vertical-align: top;"> <p><b>ACTIVITY ROOM#1</b> located on first floor, to the West of the Reception Desk across the hall from Exec. Director's Office</p> </td> <td style="width: 16.6%; vertical-align: top;"> <p><b>COFFEE SHOP</b> located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served</p> </td> <td style="width: 16.6%; vertical-align: top;"> <p><b>COMMUNITY/WELLNESS ROOM</b> located on the 4th floor, across from the East Elevator and near apt. 428.</p> </td> <td style="width: 16.6%; vertical-align: top;"> <p><b>MOVIE ROOM</b> located on the first floor, off Angel Hallway, to the East of the Reception Desk</p> </td> </tr> </table> <p style="text-align: right; font-size: small;">**Sign up sheets for events/ trips are on clipboards in Activity Room #1**</p>					<p><b>ANGEL HALLWAY</b> located on the first floor, to the right of the entrance to the Piano Lounge</p>	<p><b>WELLNESS CENTER</b> located on the first floor just inside the West/Resident Entrance (the one with the overhang)</p>	<p><b>PIANO LOUNGE</b> located on the first floor, entrance opposite of main entrance and Reception desk</p>	<p><b>ACTIVITY ROOM#1</b> located on first floor, to the West of the Reception Desk across the hall from Exec. Director's Office</p>	<p><b>COFFEE SHOP</b> located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served</p>	<p><b>COMMUNITY/WELLNESS ROOM</b> located on the 4th floor, across from the East Elevator and near apt. 428.</p>	<p><b>MOVIE ROOM</b> located on the first floor, off Angel Hallway, to the East of the Reception Desk</p>
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<b>Alterations with Cindy                      by Appointment                      TBD                      sign up in Activity Rm</b>  <b>Thirsty Thursday Gathering</b> Thursdays @ 4:00pm Bring Your Own Beverage; in Mary's Cloister	<b>HAIR SALON:                      by Appointment Only                      Contact Stylists directly</b> Linda Kennedy 413-427-1183  Nancy Hoynowski 860-881-7026  Bridget McGurn 413-330-4616  <b>Massage Therapy                      by Appointment Only</b> Juanita Drew 860-508-3278	<p><i>For those not well                      and needing to                      remain in their rooms and                      have their meal delivered,                      Call ext. 2535</i></p> <p><b>REMINDER:</b>                      No Guests are permitted                      for Sunday's meal</p> <p><b>Inform the Hostess IN                      ADVANCE if you are going                      to have mealtime                      guest during the week.</b></p>	<p><b>Storage Open Tuesdays</b>                      If assistance required,                      place a work order with                      Receptionist; Dial "0"</p> <p><b>Notary                      Laurie Hoey</b>                      call ext 2502                      available upon request</p> <p><b>ZOOM Exercise</b>                      Meeting # 576 677 309                      Passcode 119629</p>										