SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	SEPTEMBER 2025 WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u> </u>		September is	HAIR SALON:			_
•	4	•	by Appointment Only	For those not well and	GAMES/BOARD GAMES	Storage Open Tuesdays
		NATIONAL FALL	Contact Stylists directly	needing to remain in their	various games available to	If assistance required,
	mher	PREVENTION	Linda Kennedy 413-427-1183	rooms and have their meal delivered, Call ext. 2535	play w/ friends & neighbors	place a work order with
	'	TREVENTION	413-427-1183	by 3:00 p.m.	Schedules posted in	Receptionist; Dial "0"
(UIV I IIV	1 <i>11</i> 11 <i>1</i> 11 111	month	Nancy Hoynowski	Бу 0.00 р.ш.	Actvity Room #1	Notary
			860-881-7025	REMINDER:	N Market	Laurie Hoey
				No Guests are permitted		call ext 2502
			Bridget McGurn	for Sunday's meal	,	available upon request
		Thirsty Thursday Gathering	413-330-4616		Alterations with Cindy	
9995		Thursdays @ 4:00pm		Inform the Hostess IN	by Appointment	
2025		Bring Your Own Beverage;	Massage Therapy	ADVANCE if you are going	Tuesday, September 30	ZOOM Exercise
4040		in Angel's Hallway	by Appointment Only	to have mealtime	oign up in Activity Dm 4	Meeting # 576 677 309
			Juanita Drew 860-508-3278	guest during the week.	sign up in Activity Rm 1	Passcode 119629
REMEMBER TO	1 Labor Day	2	3	4	5	6
	1	10:00 Banks/WSpfld	7:30 Lab Work	9:30 BP Clinic/Card Room	10:00 Stop & Shop/Holyoke	
SIGN UP IN		·	9:30 VEGA YOGA	10:00 Men's Group		10:30 Writing Circle
ACTIVITY	11:30-1:15 p.m. Main Meal		10:00 Stop & Shop/Riverdale	10:00 CVS/Barnes&Noble		
ROOM#1	No Evening Meal	Art is 4 Every 1				1:30 Movie
for any and all bus		9am/ 10:45am		•	1:00 Trader Joe's/	
trips		4:00 T	12:30 Springfield Museum	1:30 Aqua Aerobics w/	Whole Foods, Hadley	7:00 Movie
A CTIVITY DOOM#4		1:00 Target/Mall	(free First Wednesdays)		1:30 Walker Clinic Reprisal	A
ACTIVITY ROOM#1 located on first floor, to the		1:30 The Bible as Stories with Alan Gilburg		1:30 Jim Masi Gerontology lecture in the Movie Room		
West of the Reception Desk		Fall Risk Evaluation by Appt.		lecture in the movie Room	Community Room	
•	6:15 L-R-Center	1:30-2:30 p.m.		4:00 Thirsty Thursdays	Beginners Welcome!	
	6:30 Mexican Train	1:30 Needle Craft Crew		6:15 L-R-Center	2 - 3	
G	6:30 Movie Club w/ Fr.R		7:00 Movie		6:30 Rosary in the Chapel	
7	8	9	10	11	12	13
	10:00 Banks/Holyoke	10:00 S. Hadley Pub. Library		9:00 Qigong-Movie Room	10:00 Stop & Shop/Holyoke	
0:30 Qigong-Movie Room				9:30 BP Clinic/Card Room		10:30 Writing Circle
:30 Movie :30 Canasta	Discussion/CommunityRm	10:30 Garden Club Meeting	10:15 All Resident Meeting	10:00 CVS/Barnes&Noble	FootCare by Nurses by Appt	1:30 Movie
in the Community Room	10:15 ZOOM Exercise	Art is 4 Every 1	in the Dining Room	1:00 Atkins	OolOare by Nurses by Appl	1.50 MOVIE
2:00 Scrabble		9am/ 10:45am				7:00 Movie
	1:00 Big Y/ S. Hadley			1:30 Aqua Aerobics w/	1:30 Randall's Farms	
3:30 Ethan Stone/Piano	_	1:00 Target/Mall	1:00 Stop & Shop/Riverdale	MaryKate, Poolside		
in the Piano Lounge			1:30 Geology lecture		1:30 Mahjongg in the	
l:15 - 4:45 Guided Meditation	2:00 BINGO	with Alan Gilburg 1:30 Needle Craft Crew	with Gene Adamz	lecture in the Movie Room	Community Room Beginners Welcome!	
for World Peace, Movie Room			3:00 Happy Hour		Degimiera Weicome:	
4:45 - 6:30 Bio-Touch Clinic	6:15 L-R-Center	Fall Risk Evaluation by Appt.		4:00 Thirsty Thursdays		V
	6:30 Mexican Train	1:30-2:30 p.m.		6:15 L-R-Center	6:30 Rosary in the Chapel	
7:00 Movie	6:30 Movie Club w/ Fr.R		7:00 Movie			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14	15	16	17	18	19	20
10:30 Qigong-Movie Room	10:00Reflections:A Womens	10:00 VOTE: Holyoke	7:30 Lab Work	9:00 Qigong-Movie Room	9:30 Divine Mercy: Outdoor	
1:30 Movie	Discussion/CommunityRm	Ward5 Preliminary Election	9:30 VEGA YOGA	9:30 BP Clinic/Card Room	Stations of the Cross	10:30 Writing Circle
1:30 Canasta	10:00 BIG E	4.45.454	40.00.01 0.01 (D: 1.1	10:00 Men's Group	Stockbridge, MA	
in the Community Room 2:00 Scrabble	10:15 ZOOM Exercise	<i>Art is 4 Every 1</i> 9am/ 10:45am	10:00 Stop & Shop/Riverdale	10:00 CVS/Barnes&Noble	10:15 ZOOM Exercise	1:30 Movie
in the Coffee Shop		9aiii/ 10.49aiii	1:00 Geisslers	1:00 Stop & Shop/Holyoke	10.19 ZOOM EXERCISE	7:00 Movie
in the conce chep	1:00 Banks/WSpfld	1:00 Target/Mall	The Colosion	l stop a snopmoryone	1:30 Book Club	The movie
	·	1:30 The Bible as Stories	1:30 Geology lecture	1:30 Jim Masi Gerontology		
	2:00 BINGO	with Alan Gilburg	with Gene Adamz			
	5:00 Diseased Ossesses	1:30 Needle Craft Crew		2:30 Exercise w/ Mary Kate	Community Room	
4:15 - 4:45 Guided Meditation	5:30 Blessed Sacrament Lecture: End of Life	Fall Risk Evaluation by Appt.		in the Community Room 4:00 Thirsty Thursdays	Beginners Welcome!	
for World Peace, Movie Room		1:30-2:30 p.m.		14.00 Thirsty Thursdays		
4:45 - 6:30 Bio-Touch Clinic	6:30 Mexican Train	6:45 End of Life Discussion		6:15 L-R-Center	6:30 Rosary in the Chapel	
	6:30 Movie Club w/ Fr.R	Group w/ Martha Johnson	7:00 Movie			
21	22	23	24	25	26	27
21	10:00Reflections: A Womens		7:30 Lab Work	9:00 Qigong-Movie Room	10:00 Stop & Shop/Holyoke	21
10:30 Qigong-Movie Room	Discussion/CommunityRm		9:30 VEGA YOGA	9:30 BP Clinic/Card Room	10:15 ZOOM Exercise	10:30 Writing Circle
	10:00 Banks/Holyoke			10:00 CVS/Barnes&Noble		
1:30 Movie	10:15 ZOOM Exercise	Art is 4 Every 1	·			
1:30 Canasta		9am/ 10:45am	1:00 Atkins Farms		1:30 Randall's Farms	1:30 Movie
	1:00 "Art in the Orchard"	1:00 Target/Mall		11:30 MGM Casino	1:20 Mahiangg in the	7:00 Movie
2:00 Scrabble in the Coffee Shop		1:30 The Bible as Stories	1:30 Geology lecture	1:30 Jim Masi Gerontology	1:30 Mahjongg in the Community Room	
in the conce onop		1:30 Needle Craft Crew	with Gene Adamz			
		Fall Risk Evaluation by Appt.		2:30 Exercise w/ Mary Kate		
4:15 - 4:45 Guided Meditation	2:00 BINGO		3:00 Birthday Celebration	in the Community Room		
for World Peace, Movie Room		ART EXHIBITION	w/ Dave Colucci	4:00 Thirsty Thursdays		
	6:15 L-R-Center	1:30pm-3:30 pm		6:15 L-R-Center	6:20 Decembing the Change	
	6:30 Mexican Train 6:30 Movie Club w/ Fr.R	in Mary's Cloister	7:00 Movie		6:30 Rosary in the Chapel	A STANDARD OF THE STANDARD OF
		20	7.00 MOVIC			
28	29	30				
10:30 Qigong-Movie Room	10:00Reflections: A Womens Discussion/CommunityRm		ANGEL HALLWAY	WELLNESS CENTER	PIANO LOUNGE	A Little.
10.30 Qigorig-iviovie room	10:00 Banks/Holyoke	Alterations by Appointment	located on the first floor,	located on the first floor just	located on the first floor,	no di di
1:30 Movie	10:15 ZOOM Exercise	NO ART CLASS	to the right of the entrance	inside the West/Resident	entrance opposite of main	Kemmaler
1:30 Canasta			to the Piano Lounge	Entrance (the one with the	entrance and Reception desk	
in the Community Room	1:00 Walmart/Westfield			portico)		
2:00 Scrabble		1:00 Target/Mall				,
in the Coffee Shop		1:30 The Bible as Stories	COFFEE SHOP	COMMUNITY/WELLNESS	MOVIE ROOM	EXERCISE ROOM/
		with Alan Gilburg Fall Risk Evaluation by Appt.	located on the first floor,	ROOM	located on the first floor, off	Activity Room#2
4:15 - 4:45 Guided Meditation	2:00 BINGO	1:30-2:30 p.m.	entrance on the right from	located on the 4th floor,	Angel Hallway, to the East	located on first floor, to the
for World Peace, Movie Room		1:30 Needle Craft Crew	the lobby, facing the Piano	across from the East	of the Reception Desk	East of the Reception Desk
4:45 - 6:30 Bio-Touch Clinic	6:15 L-R-Center		Lounge; where breakfast is	Elevator and near apt. 428.		and the SouthEast stairwell
	6:30 Mexican Train	6:45 Transitions w/	usually served	l		
7:00 Movie	6:30 Movie Club w/ Fr.R	Martha Johnson				