








DECEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>REMEMBER TO SIGN UP IN ACTIVITY ROOM#1 for any and all bus</b>  <b>ACTIVITY ROOM#1</b> located on first floor, to the West of the Reception Desk across the hall from the Marketing Office	<b>1</b> 10:00 Banks/WSpfld <b>10:00Reflections:A Womens Discussion/CommunityRm</b>  <b>10:15 ZOOM Exercise</b>  <b>1:00 Williamsburg General Store, Williamsburg MA</b> 2:00 BINGO  6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R	<b>2</b> 10:00 S. Hadley Pub. Library  <i><b>Art is 4 Every 1 9am/ 10:45am</b></i>  1:00 Target/Mall <b>1:30 The Power of Myth with Alan Gilburg</b> 1:30 Needle Craft Crew  <b>3:00 Happy Hour</b> 6:45 Transitions with Martha Johnson	<b>3</b> 7:30 Lab Work <b>9:30 VEGA YOGA</b> 10:00 Stop & Shop/Riverdale Alterations by Appointment  12:30 Springfield Museum (free First Wednesdays) <b>1:30 Geology with Gene Adamz</b> <b>2:30 Gingerbread People &amp; Garland Social</b>  <b>4:45: Bright Nights</b> 7:00 Movie	<b>4</b> <b>9:30 BP Clinic/Card Room</b>  10:00 CVS/Barnes&Noble <b>10:00 Men's Group in the Movie Room</b> 1:00 Thornes Market/N'ton  2:30 Exercise w/ Mary Kate in the Community Room  4:00 Thirsty Thursdays 6:15 L-R-C/6:30 Opera	<b>5</b> 10:00 Stop & Shop/Holyoke <b>10:15 ZOOM Exercise</b>  1:30 Randall's Farms  <b>3:00 Hawaiian Music &amp; / Culture with Ash</b>  6:30 Rosary in the Chapel	<b>6</b> 10:30 Writing Circle  1:30 Movie  7:00 Movie  
<b>7</b> 10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  7:00 Movie	<b>8</b> 10:00 Banks/Holyoke <b>10:00Reflections:A Womens Discussion/CommunityRm</b>  <b>10:15 ZOOM Exercise</b>  1:00 Trader Joe's/ Whole Foods, Hadley  2:00 BINGO  6:15 L-R-Center  6:30 Mexican Train 6:30 Movie Club w/ Fr.R	<b>9</b> 10:00 BigY/S. Hadley <b>10:00 PBJ Ministry</b>  <i><b>Art is 4 Every 1 9am/ 10:45am</b></i>  1:00 Target/Mall <b>1:30 The Power of Myth with Alan Gilburg</b> 1:30 Needle Craft Crew	<b>10</b> 7:30 Lab Work <b>9:30 VEGA YOGA</b> 10:00 Stop & Shop/Riverdale  1:00 Atkins Farms  <b>1:30 Geology with Gene Adamz</b> <b>CANDLELIGHT DINNER</b> Luncheon & Dinner Music by Ethan Stone 4-7 p.m.  7:00 Movie	<b>11</b> <b>9:30 BP Clinic/Card Room</b>  10:00 CVS/Barnes&Noble  1:00 Louis & Clark/Hampden Ponds Plaza  2:30 Exercise w/ Mary Kate in the Community Room  4:00 Thirsty Thursdays 6:15 L-R-C/6:30 Opera	<b>12</b> 10:00 Stop & Shop/Holyoke <b>10:15 ZOOM Exercise</b>  <i>FootCare by Nurses by Appt</i> 1:00 Dollar Store/Holyoke  <b>10a-2p Christmas Boutique in Activity Room #1</b>  <b>2:30 CHRISTMAS EGG NOG SOCIAL in the Piano Lounge</b>  6:30 Rosary in the Chapel	<b>13</b> 10:30 Writing Circle  1:30 Movie  7:00 Movie  
<b>14</b> 10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room  2:00 Scrabble in the Coffee Shop  <b>2:00 Chapel Concert</b> <b>Holyoke High School Madrigal Choir &amp; 3 Octave Handbell Choir</b>  7:00 Movie	<b>15</b> 10:00 Banks/WSpfld <b>10:00Reflections:A Womens Discussion/CommunityRm</b>  <b>10:15 ZOOM Exercise</b>  10:00 Geissler's <b>1:30 Sally's Subjects</b> NO BINGO TODAY <b>3:00 Wmass Senior Band in the Chapel</b> 6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R	<b>16</b> 10:00 River Valley Coop Easthampton  <i><b>Art is 4 Every 1 9am/ 10:45am</b></i>  1:00 Target/Mall <b>1:30 The Power of Myth with Alan Gilburg</b> 1:30 Needle Craft Crew	<b>17</b> 7:30 Lab Work <b>9:30 VEGA YOGA</b> <b>10:15 All Resident Meeting in the Dining Room</b>  1:00 Stop & Shop/Riverdale <b>1:30 Geology with Gene Adamz</b>  <b>4:45: Bright Nights</b> 7:00 Movie	<b>18</b> 9:00 Qigong-Movie Room <b>9:30 BP Clinic/Card Room</b> 10:00 CVS/Barnes&Noble <b>10:00 Men's Group in the Movie Room</b>  1:00 Odyssey Bookstore/ S.Hadley  2:30 Exercise w/ Mary Kate in the Community Room 4:00 Thirsty Thursdays 6:15 L-R-C/6:30 Opera	<b>19</b> 10:00 Stop & Shop/Holyoke <b>10:15 ZOOM Exercise</b>  1:30 Randall's Farms  <b>3:00 Birthday Celebration w/ Dave Colucci</b>  6:30 Rosary in the Chapel	<b>20</b> 10:30 Writing Circle  <b>10:30 High Definition: Christmas Program in the Chapel</b>  Lorie Cetto,Director  1:30 Movie  7:00 Movie  

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>21</b> 10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  7:00 Movie	<b>22</b> <b>10:00Reflections:A Womens Discussion/CommunityRm</b> 10:00 Banks/Holyoke <b>10:15 ZOOM Exercise</b>  1:00 Trader Joe's/ Whole Foods, Hadley <b>1:30 Book Club</b> 2:00 BINGO  <b>3:00 Joy of Song w/ Sara</b>  6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R	<b>23</b> 10:00 Atkins Farms  <b>Art is 4 Every 1 9am/ 10:45am</b>  1:00 Target/Mall 1:30 Needle Craft Crew <b>1:30 The Power of Myth with Alan Gilburg</b>  <b>3:00 Christmas concert w/ Joel Meginsky</b>	<b>24 Christmas Eve</b> 7:30 Lab Work <b>NO VEGA YOGA</b> 10:00 Stop & Shop/Riverdale  <b>11:30 - 1:15 Main Meal</b>  <b>No Evening Meal</b>  7:00 Movie	<b>25 Christmas Day</b>   <b>11:30 - 1:15 Main Meal</b>  <b>No Evening Meal</b>  6:15 L-R-C/6:30 Opera	<b>26</b> 10:00 CVS/Barnes&Noble  <b>NO Exercise</b>  1:00 Stop & Shop/Holyoke  6:30 Rosary in the Chapel	<b>27</b> 10:30 Writing Circle 1:30 Movie  7:00 Movie
<b>28</b> 10:30 Qigong-Movie Room  1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  7:00 Movie	<b>29</b> <b>10:00Reflections:A Womens Discussion/CommunityRm</b> 10:00 Banks/WSpfld <b>10:15 ZOOM Exercise</b>  <i>Podiatry by Appointment</i>  1:00 Marshall's/Chicopee Marketplace  2:00 BINGO  6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R	<b>30</b> 10:00 BigY/S. Hadley  <b>Art is 4 Every 1 9am/ 10:45am</b>  1:00 Target/Mall  1:30 Needle Craft Crew	<b>31 New Year's Eve</b> 7:30 Lab Work <b>NO VEGA YOGA</b> 10:00 Stop & Shop/Riverdale 1:00 Geissler's  <b>11:30 - 1:15 Main Meal</b>  <b>No Evening Meal</b>  <b>New Year's Eve Celebration 4-6 p.m. Appetizer Party</b> 7:00 Movie	<b>HAIR SALON:</b> <b>by Appointment Only</b> <b>Contact Stylists directly</b> Linda Kennedy 413-427-1183  Nancy Hoynowski 860-881-7026  Bridget McGurn 413-330-4616  <b>Massage Therapy</b> <b>by Appointment Only</b> Juanita Drew 860-508-3278	<b>December 2025</b>	
<i>For those not well and needing to remain in their rooms and have their meal delivered, Call ext. 2535 by 3:00 p.m.</i>  <b>REMINDER:</b> No Guests are permitted for Sunday's meal  <b>Inform the Hostess IN ADVANCE if you are going to have mealtime guest during the week.</b>	<b>Alterations with Cindy by Appointment TBD</b> <b>sign up in Activity Rm 0</b>  <b>Thirsty Thursday Gathering</b> Thursdays @ 4:00pm Bring Your Own Beverage; in Angel Hallway	<b><u>Storage Open Tuesdays</u></b> If assistance required, place a work order with Receptionist; Dial "0"  <b><u>Notary Laurie Hoey</u></b> call ext 2502 available upon request  <b><u>ZOOM Exercise</u></b> Meeting # 576 677 309 Passcode 119629	<div><b>ANGEL HALLWAY</b> located on the first floor, to the right of the entrance to the Piano Lounge  <b>COFFEE SHOP</b> located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served</div> <div><b>WELLNESS CENTER</b> located on the first floor just inside the West/Resident Entrance (the one with the portico)  <b>COMMUNITY/WELLNESS ROOM</b> located on the 4th floor, across from the East Elevator and near apt. 428.</div> <div><b>PIANO LOUNGE</b> located on the first floor, entrance opposite of main entrance and Reception desk  <b>MOVIE ROOM</b> located on the first floor, off Angel Hallway, to the East of the Reception Desk</div>			<i>A Little Reminder</i> 