











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>MAY</h1>  <h1>2026</h1>		<p><b>REMEMBER TO SIGN UP IN ACTIVITY ROOM#1 for any and all bus</b></p> <p><b>ACTIVITY ROOM#1</b> located on first floor, to the West of the Reception Desk across the hall from the Marketing Office</p>	<p><i>Alterations with Cindy by Appointment TBD</i></p> <p><b>Thirsty Thursday Gathering</b> Thursdays @ 4:00pm Bring Your Own Beverage; in Angel Hallway</p> 	<p><b>Storage Open Tuesdays</b> If assistance required, place a work order with Receptionist; Dial "0"</p> <p><b>Notary Laurie Hoey</b> call ext 2502 available upon request</p> <p><b>ZOOM Exercise</b> Meeting # 576 677 309 Passcode 119629</p>	<p><b>1</b> 10:00 Savers/WSpfld. <b>10:15 ZOOM Exercise</b></p> <p>1:00 Stop &amp; Shop/Holyoke</p> <p><b>3:00 May Day Celebration in the Movie Room</b> w/ Alan Gilburg</p> <p>6:30 Rosary in the Chapel</p>	<p><b>2</b></p>  <p>10:30 Writing Circle 1:30 Movie</p> <p><b>Kentucky Derby/ Hat Day</b></p>  <p><b>6:00 Kentucky Derby Party</b> (Derby run time 6:57 p.m.)</p> <p>7:00 Movie</p>
<p><b>3</b></p> <p>10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop</p> <p><b>2:00 Chapel Concert: Bella Voce</b></p> <p>7:00 Movie</p>	<p><b>4</b></p> <p>10:00 Banks/Holyoke <b>10:00 Reflections: A Womens Discussion/CommunityRm</b></p> <p><b>10:15 ZOOM Exercise</b></p> <p>2:00 BINGO</p> <p>1:00 Big Y/S. Hadley</p> <p>6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R</p>	<p><b>5</b></p> <p><i>Art is 4 Every 1 9am/ 10:45am</i></p> <p>10:00 Trader Joe's/Whole Foods/Walmart</p> <p><b>10:30 Sing w/ Sara Snyder Chorale in Movie Room</b></p> <p>1:00 Target/Mall <b>1:30 Art Appreciation w/ Alan Gilburg &amp; Fr. Riendeau</b> 1:30 Needle Craft Crew <b>2:30 Cinco de Mayo Social</b></p>	<p><b>6</b></p> <p>7:30 Lab Work <b>9:30 VEGA YOGA</b> 10:00 Stop &amp; Shop/Riverdale</p> <p>1:00 Geisslers/ Dollar Store <b>1:30 Native American History with Gene Adamz</b></p> <p>7:00 Movie</p>	<p><b>7</b></p> <p><b>9:30 BP Clinic/Card Room</b></p> <p>10:00 CVS/Barnes&amp;Noble <b>10:00 Men's Group</b> in the Movie Room</p> <p><b>1:00 Bridge of Flowers</b></p> <p><b>2:30 Exercise w/ Mary Kate in the Community Room</b></p> <p>4:00 Thirsty Thursdays 6:15 L-R-C/6:30 Opera</p>	<p><b>8</b></p> <p>10:00 River Valley Coop Easthampton</p> <p><b>10:15 ZOOM Exercise</b></p> <p><i>FootCare by Nurses by Appt</i></p> <p>1:00 Stop &amp; Shop/Holyoke</p> <p>6:30 Rosary in the Chapel</p>	<p><b>9</b></p> <p><b>10:00 Cetto Chamber Singers in the Chapel</b></p> <p>10:30 Writing Circle 1:30 Movie</p> <p>7:00 Movie</p> 
<p><b>10 Mother's Day</b></p> <p>10:30 Qigong-Movie Room 1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop</p>  <p>7:00 Movie</p>	<p><b>11</b></p> <p>10:00 Banks/WSpfld <b>10:00 Reflections: A Womens Discussion/CommunityRm</b></p> <p><b>10:15 ZOOM Exercise</b></p> <p><b>1:00 Atkins Farms</b></p> <p>2:00 BINGO</p> <p>6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R</p>	<p><b>12</b></p> <p>10:00 S. Hadley Pub. Library <i>Art is 4 Every 1 9am/ 10:45am</i></p> <p><b>10:30 Sing w/ Sara Snyder Chorale in Movie Room</b></p> <p>11:30 PBJ MINISTRY* (new time today only) 1:00 Target/Mall</p> <p><b>1:30 Art Appreciation w/ Alan Gilburg &amp; Fr. Riendeau</b> 1:30 Needle Craft Crew</p>	<p><b>13</b></p> <p>7:30 Lab Work <b>NO VEGA YOGA</b> <b>10:15 All Resident Meeting in the Dining Room</b></p> <p>1:00 Stop &amp; Shop/Riverdale</p> <p><b>1:30 The Amazing Life of Gene Adamz</b></p> <p>7:00 Movie</p>	<p><b>14</b></p> <p>9:00 Qigong-Movie Room <b>9:30 BP Clinic/Card Room</b> 10:00 CVS/Barnes&amp;Noble</p> <p>1:30 Randall's Farms</p> <p><b>2:30 Exercise w/ Mary Kate in the Community Room</b></p> <p><b>3:00 Birthday Celebration w/ Doug Schmolze</b></p> <p>4:00 Thirsty Thursdays 6:15 L-R-C/6:30 Opera</p>	<p><b>15</b></p> <p>10:00 Dollar Store, N'ton St Holyoke</p> <p><b>10:15 ZOOM Exercise</b></p> <p>1:00 Stop &amp; Shop/Holyoke</p> <p><b>1:30 Sally's Subjects</b></p> <p>6:30 Rosary in the Chapel</p>	<p><b>16</b></p> <p>10:30 Writing Circle</p> <p>1:30 Movie 7:00 Movie</p>  

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>17</b> 10:30 Qigong-Movie Room  1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  7:00 Movie	<b>18</b> 10:00 Banks/Holyoke  <b>10:00 Reflections: A Womens Discussion/Community Rm</b> <b>10:15 ZOOM Exercise</b>  1:00 Quabbin Reservoir  2:00 BINGO  6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R	<b>19</b> <p style="text-align: center;"><i>Art is 4 Every 1</i> 9am/ 10:45am</p> 10:00 Trader Joe's/Whole Foods/Walmart <b>10:30 Sing w/ Sara Snyder Chorale in Movie Room</b>  1:00 Target/Mall <b>1:30 Art Appreciation w/ Alan Gilburg &amp; Fr. Riendeau</b> 1:30 Needle Craft Crew	<b>20</b> 7:30 Lab Work <b>9:30 VEGA YOGA</b>  10:00 Stop & Shop/Riverdale 1:00 Geisslers/ Dollar Store  <b>3:00 Entertainment: Ben &amp; Ed</b>  7:00 Movie	<b>21</b> 9:00 Qigong-Movie Room <b>9:30 BP Clinic/Card Room</b> 10:00 CVS/Barnes&Noble <b>10:00 Men's Group</b> in the Movie Room  <b>12:00 MGM Casino</b>  <b>2:30 Exercise w/ Mary Kate in the Community Room</b> 4:00 Thirsty Thursdays  6:15 L-R-C/6:30 Opera	<b>22</b> <b>10:00 Veteran's Cemetery Agawam, MA</b>  <b>10:15 ZOOM Exercise</b>  1:00 Stop & Shop/Holyoke  6:30 Rosary in the Chapel	<b>23</b> 10:30 Writing Circle  1:30 Movie  7:00 Movie 
<b>24</b> 10:30 Qigong-Movie Room  1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  <b>3:30 Ethan Stone/Piano in the Piano Lounge</b>  7:00 Movie	<b>25 Memorial Day</b> No transports today  <b>11:30 - 1:15 Luncheon</b>  <b>No Evening Meal</b>  6:15 L-R-Center 6:30 Mexican Train 6:30 Movie Club w/ Fr.R	<b>26</b> <p style="text-align: center;"><i>Art is 4 Every 1</i> 9am/ 10:45am</p> 10:00 Banks/WSpfld <b>10:30 Sing w/ Sara Snyder Chorale in Movie Room</b>  1:00 Target/Mall <b>1:30 Art Appreciation w/ Alan Gilburg &amp; Fr. Riendeau</b>  1:30 Needle Craft Crew	<b>27</b> 7:30 Lab Work <b>NO VEGA YOGA</b> 10:00 Stop & Shop/Riverdale  <b>1:00 Acts of Hessed Farm Southampton, MA</b>  7:00 Movie	<b>28</b> 9:00 Qigong-Movie Room <b>9:30 BP Clinic/Card Room</b> 10:00 CVS/Barnes&Noble  1:30 Randall's Farms  2:30 Exercise w/ Mary Kate in the Community Room 4:00 Thirsty Thursdays  6:15 L-R-C/6:30 Opera	<b>29</b> 10:00 Atkins Farms  <b>10:15 ZOOM Exercise</b>  1:00 Stop & Shop/Holyoke  <b>3:00 Happy Hour</b>  6:30 Rosary in the Chapel	<b>30</b> 10:30 Writing Circle  1:30 Movie  7:00 Movie 
<b>31</b> 10:30 Qigong-Movie Room  1:30 Movie 1:30 Canasta in the Community Room 2:00 Scrabble in the Coffee Shop  7:00 Movie	<b>HAIR SALON</b> <b>by Appointment Only</b> <b>Contact Stylists directly</b> Linda Kennedy 413-427-1183  Nancy Hoynowski 860-881-7026  Bridget McGurn 413-330-4616  <b>Massage Therapy</b> <b>by Appointment Only</b> Juanita Drew 860-508-3278	<b>MEALS</b> <i>For those not well and needing to remain in their rooms and have their meal delivered, Call ext. 2535 by 3:00 p.m.</i>  <b>REMINDER:</b> No Guests are permitted for Sunday's meal  <b>Inform the Hostess IN ADVANCE if you are going to have mealtime guest during the week.</b>	<b>ANGEL HALLWAY</b> located on the first floor, to the right of the entrance to the Piano Lounge  <b>COFFEE SHOP</b> located on the first floor, entrance on the right from the lobby, facing the Piano Lounge; where breakfast is usually served	<b>WELLNESS CENTER</b> located on the first floor just inside the West/Resident Entrance (the one with the portico)  <b>COMMUNITY/WELLNESS ROOM</b> located on the 4th floor, across from the East Elevator and near apt. 428.	<b>PIANO LOUNGE</b> located on the first floor, entrance opposite of main entrance and Reception desk  <b>MOVIE ROOM</b> located on the first floor, off Angel Hallway, to the East of the Reception Desk	<p style="text-align: center;"><i>A Little Reminder</i></p> 